

# Analysis of Privacy Protections in Fitness Tracking Social Networks -or- You can run, but can you hide?

*Wajih Ul Hassan*<sup>\*</sup>, Saad Hussain<sup>\*</sup>, Adam Bates

**I** ILLINOIS

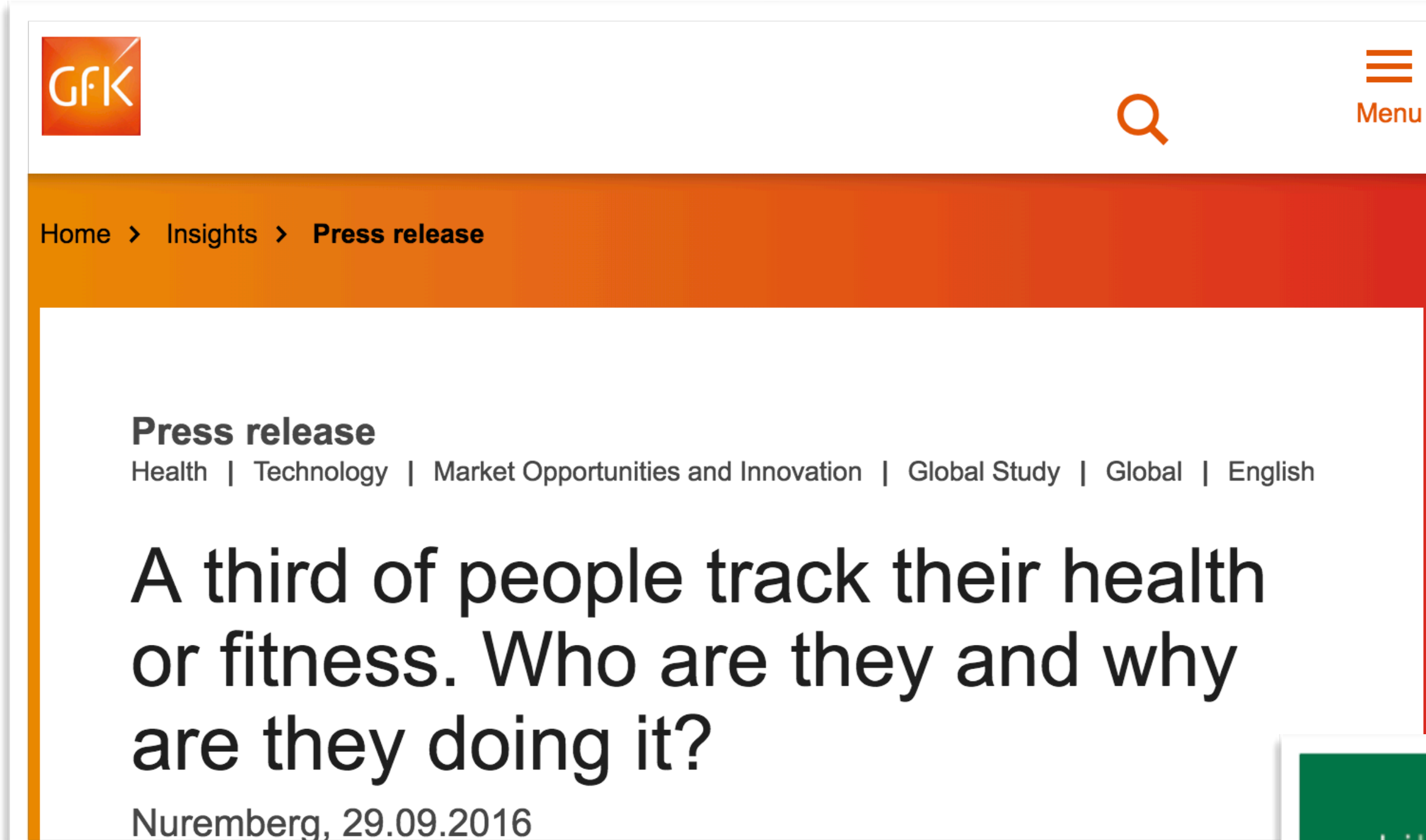
27th USENIX Security Symposium

16 August 2018

<sup>\*</sup>Joint first authors

# Self-Tracking Market

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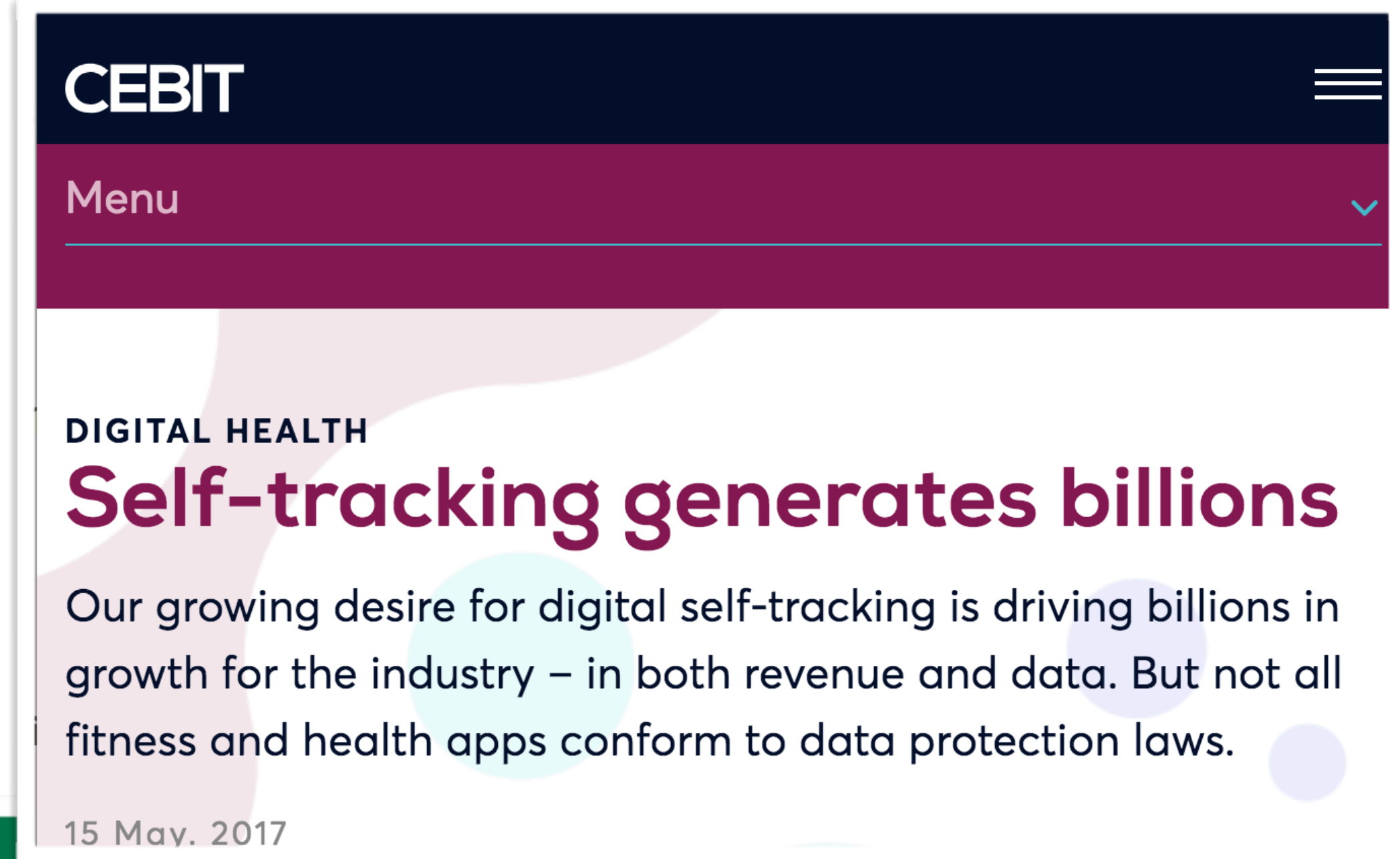
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**Press release**  
Health | Technology | Market Opportunities and Innovation | Global Study | Global | English

## A third of people track their health or fitness. Who are they and why are they doing it?

Nuremberg, 29.09.2016



**CEBIT** Menu

**DIGITAL HEALTH**

## Self-tracking generates billions

Our growing desire for digital self-tracking is driving billions in growth for the industry – in both revenue and data. But not all fitness and health apps conform to data protection laws.

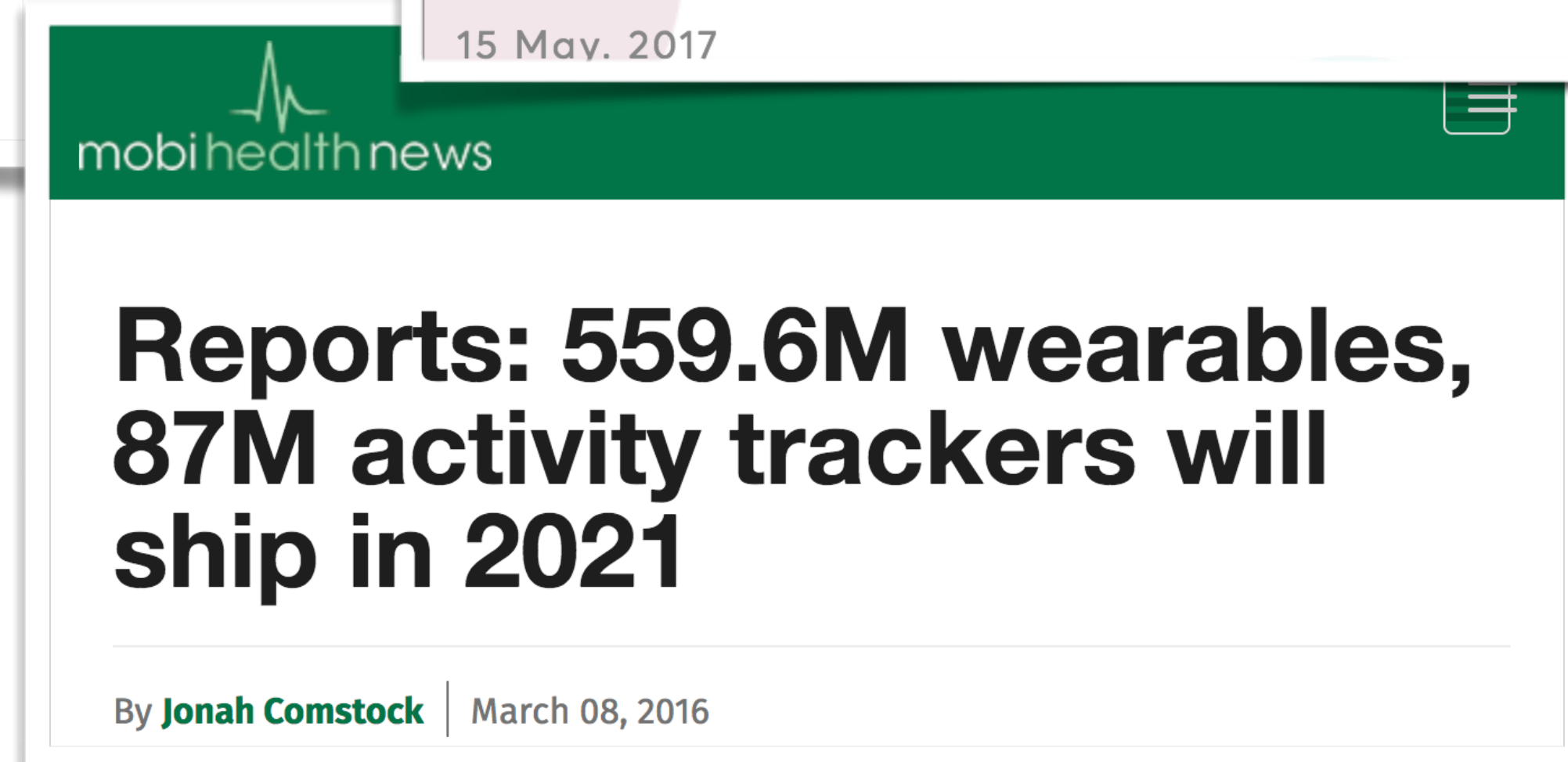
15 May. 2017



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## Wearable Fitness Trackers Market to Reach \$48.2 Billion by 2023: P&S Market Research

March 28, 2018 05:30 ET | Source: P&S Market Research



**mobihealthnews** Menu

## Reports: 559.6M wearables, 87M activity trackers will ship in 2021

By **Jonah Comstock** | March 08, 2016

# Fitness Tracking Ecosystem

Taken from Strava page on google playstore

# Fitness Tracking Ecosystem

**STRAVA**<sup>TM</sup>

 **runtastic**



**Map My Tracks**

 **runkeeper**



**mapmyrun**

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# Fitness Tracking Ecosystem

**STRAVA**<sup>TM</sup>

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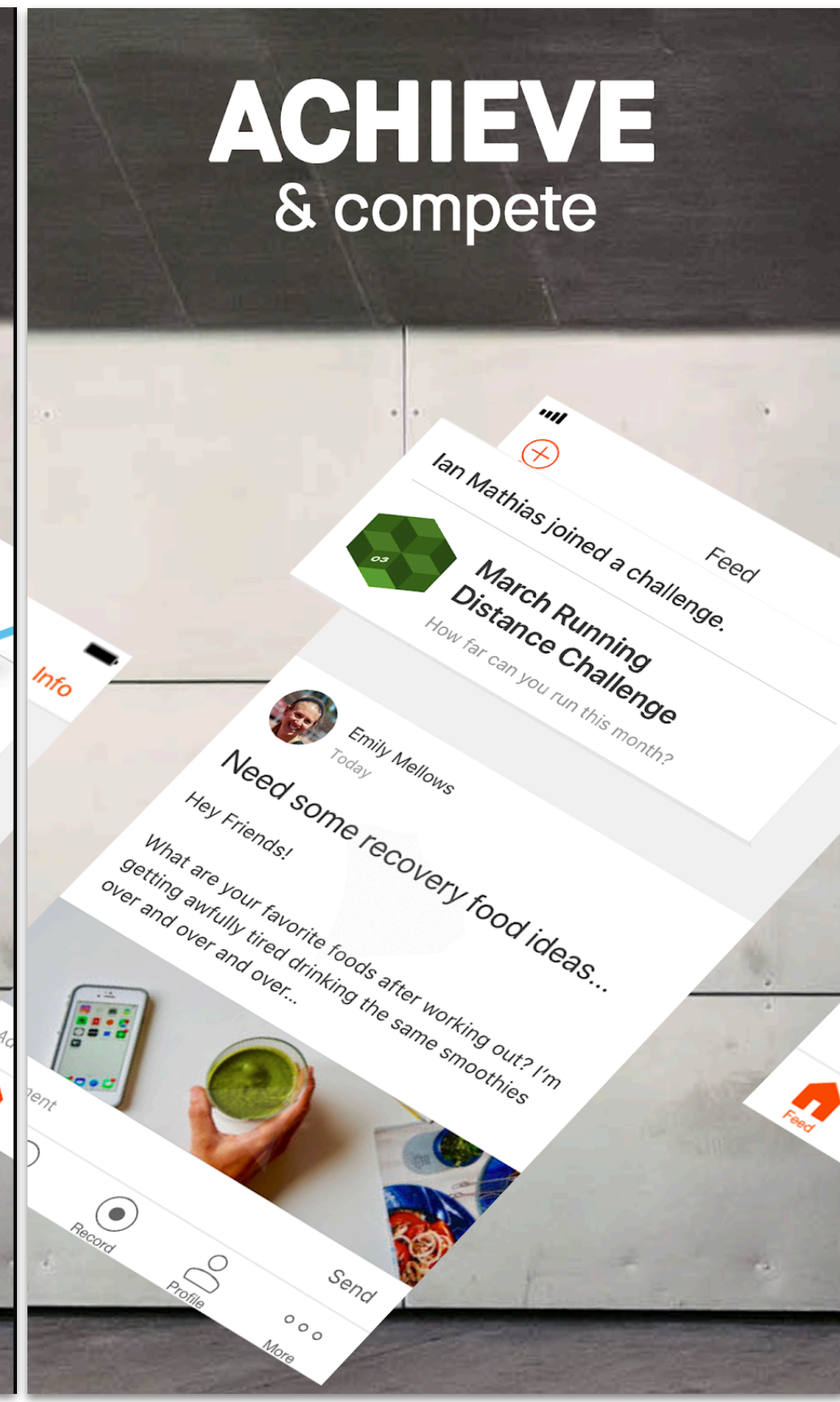
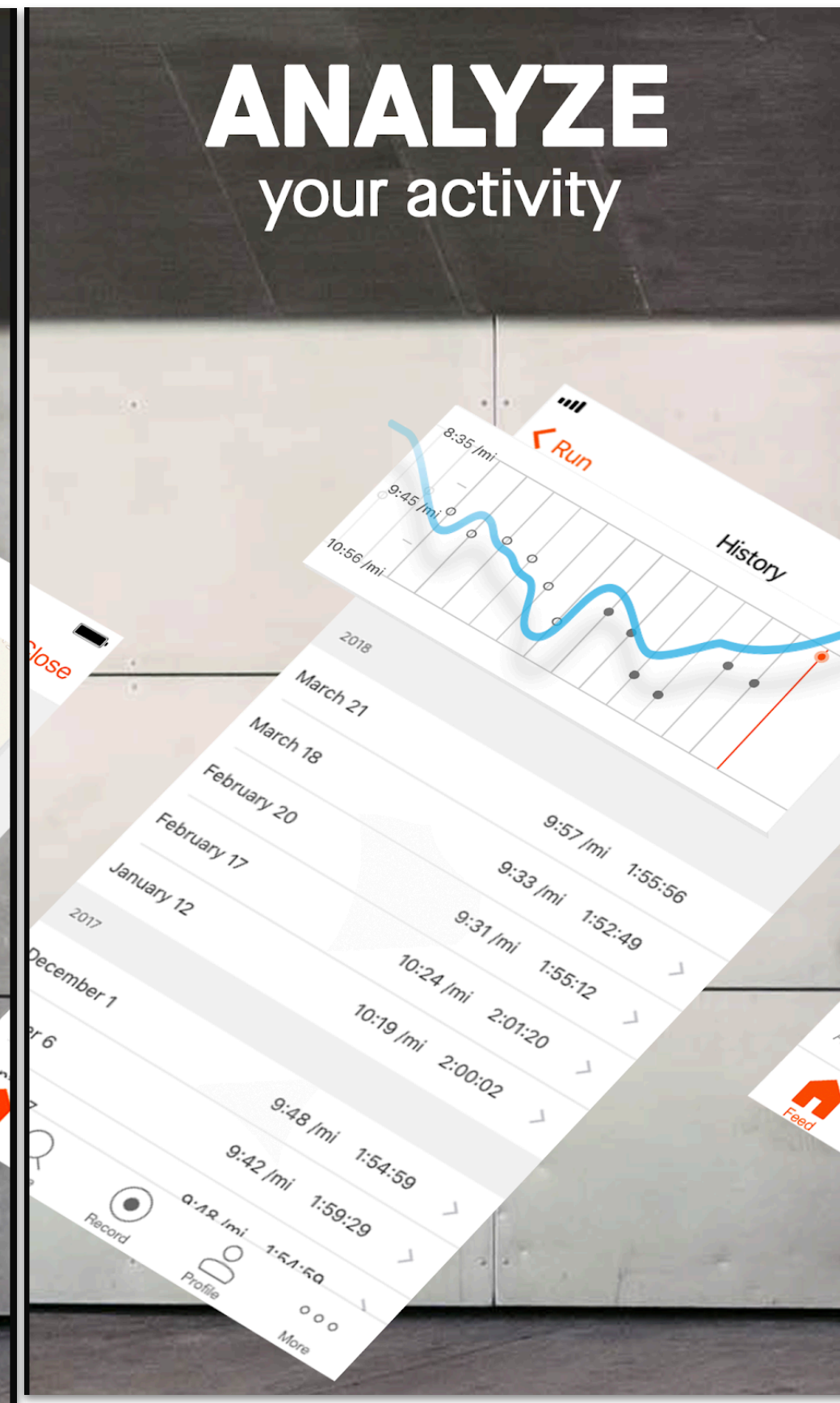
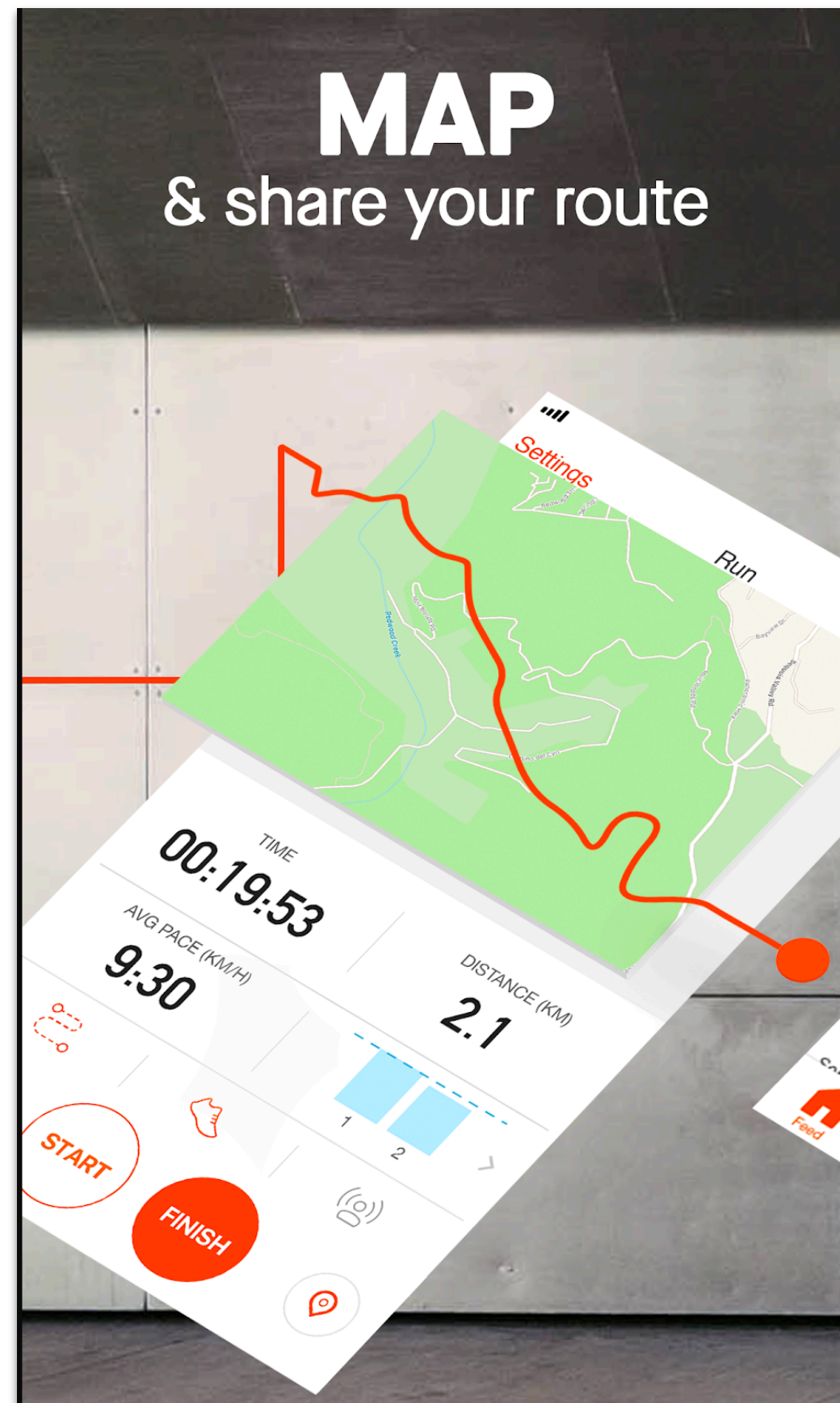


**Map My Tracks**

**runkeeper**



**mapmyrun**



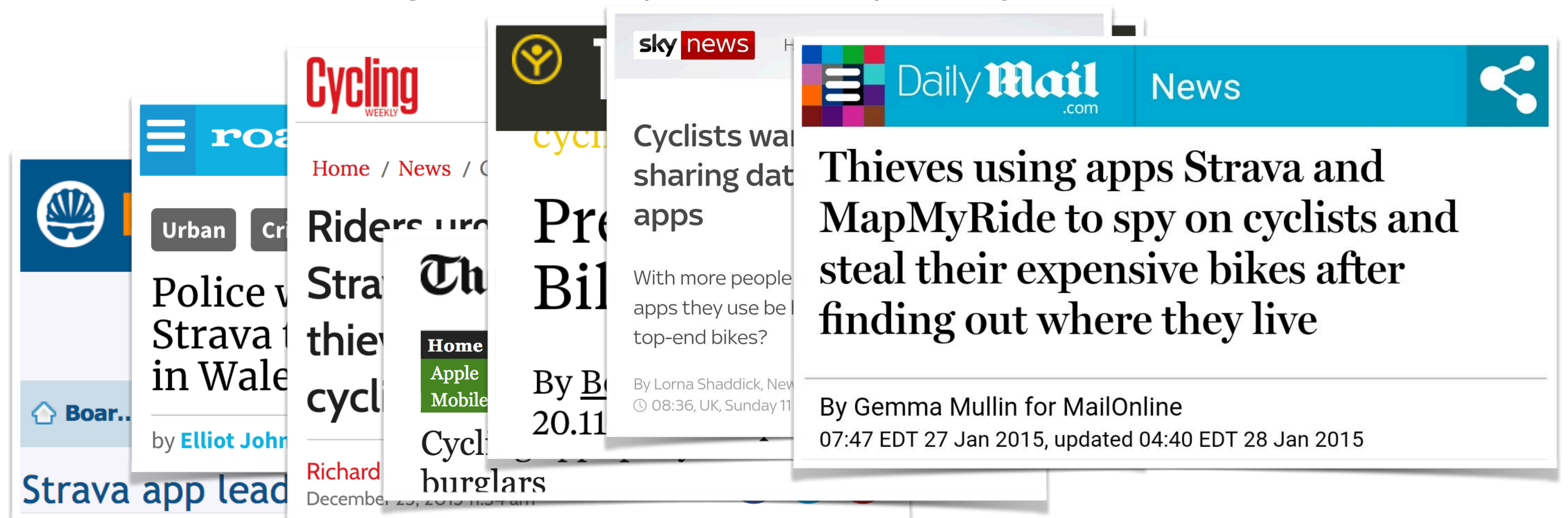
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# Privacy Concerns

- People usually run from sensitive locations (e.g., home)
- Broadcasting routes to public has privacy concerns

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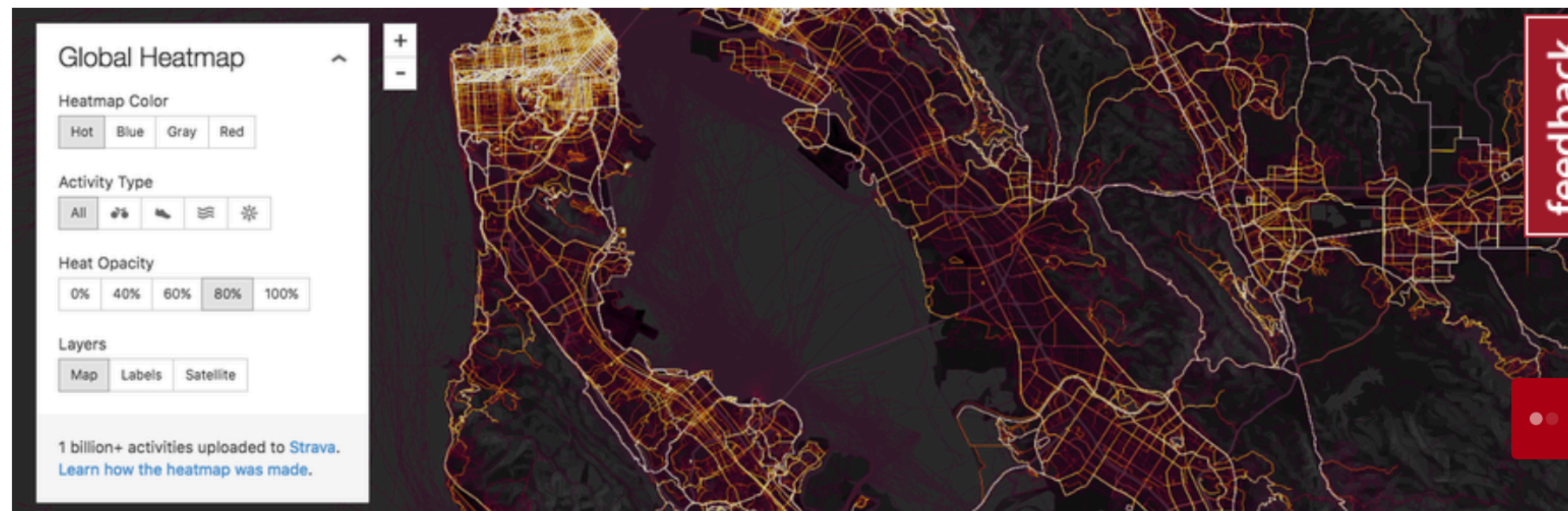


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The Washington Times

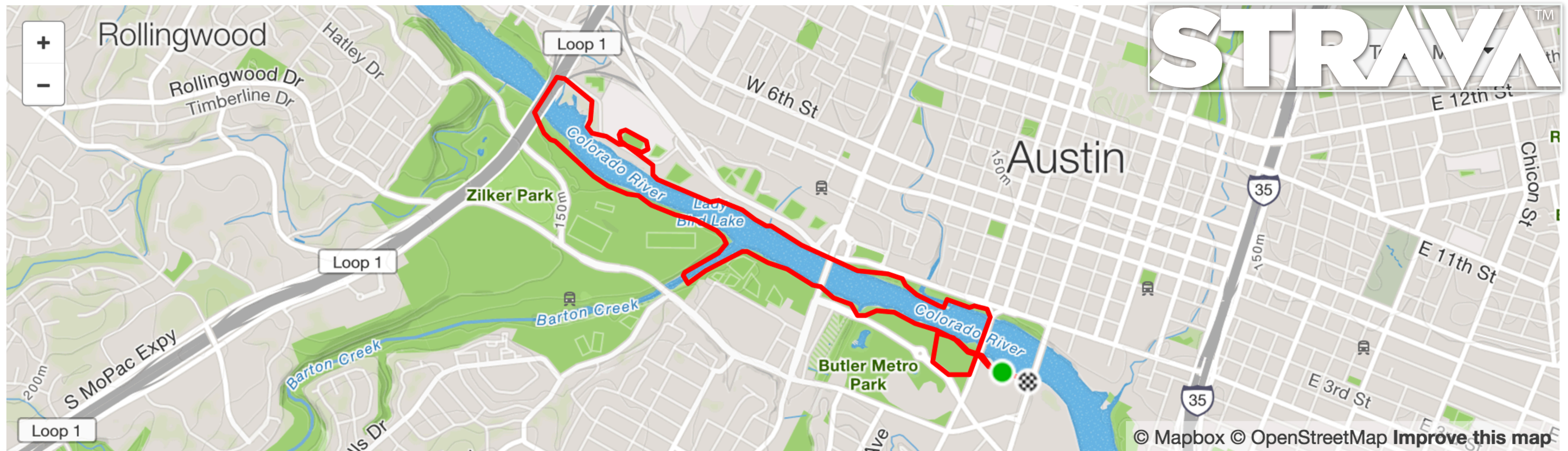
## Fitness devices can reveal locations of soldiers, sensitive sites



**A military base in Helmand Province, Afghanistan with route taken by joggers**

# Strava Run Activity

5.0 mi   43:37   8:40/mi   817  
Distance   Moving Time   Avg Pace   Calories



USENIX Security 2016

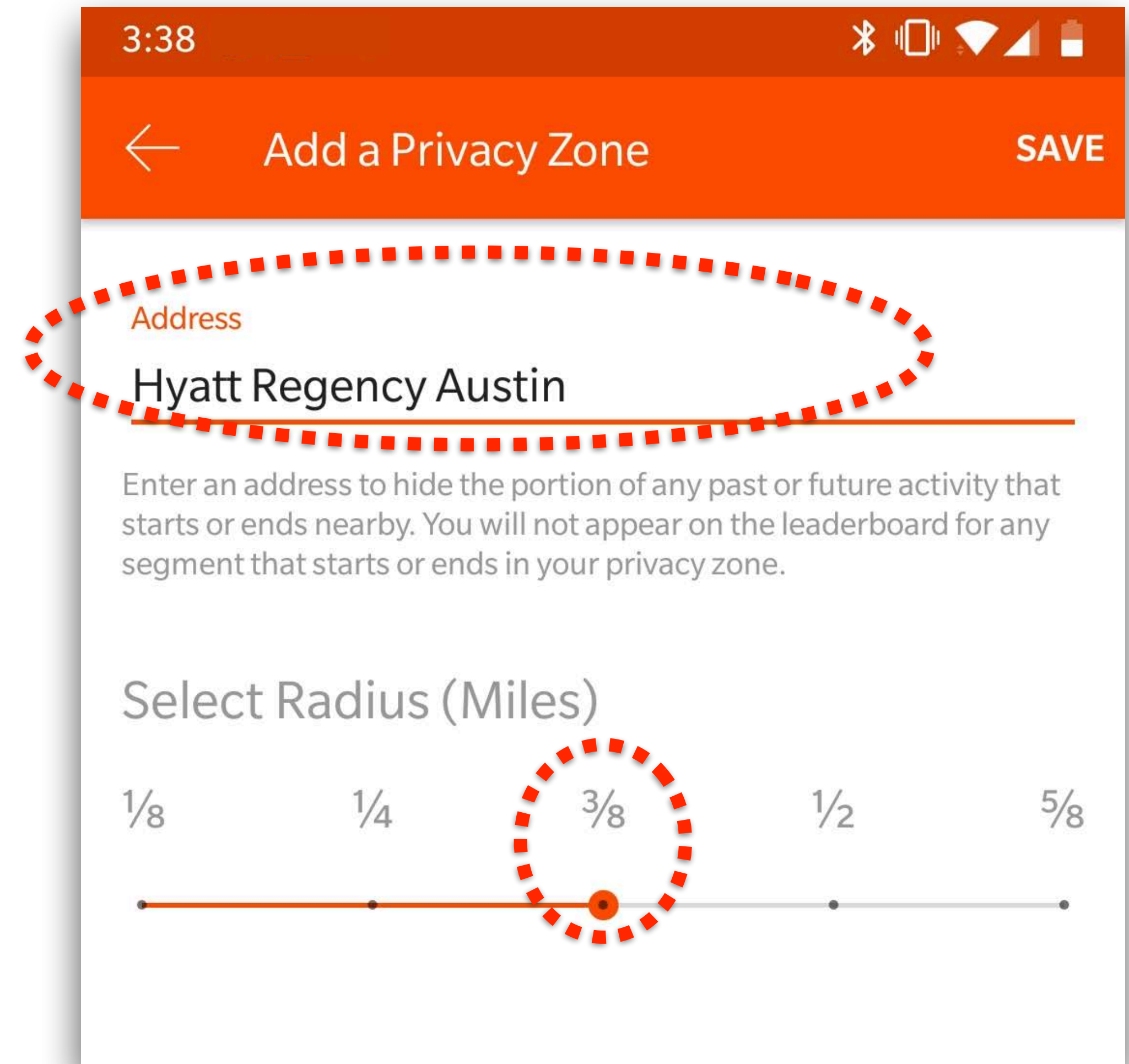
- Before applying Endpoint Privacy Zone

# Endpoint Privacy Zone (EPZ)

- Strava allows users to hide sensitive endpoints using **privacy zones**
- Endpoint privacy zone is a fixed radius circular area
- It hides the portion of activity that starts or ends in the circular area

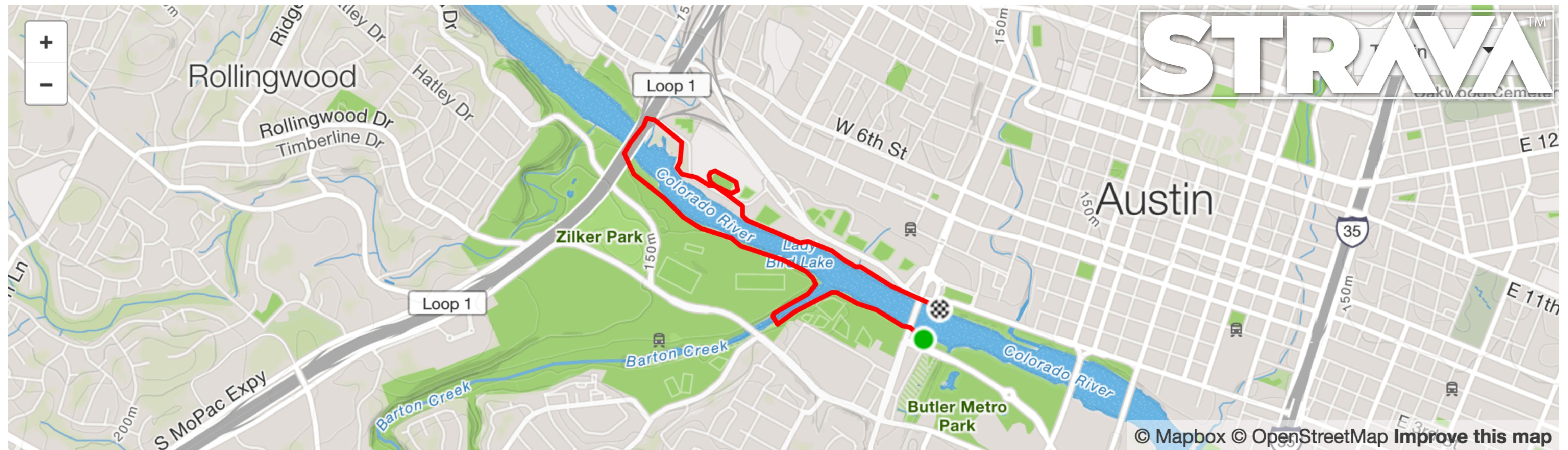
# Endpoint Privacy Zone (EPZ)

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# What Other People See

5.0 mi   43:37   8:40/mi   817  
Distance   Moving Time   Avg Pace   Calories



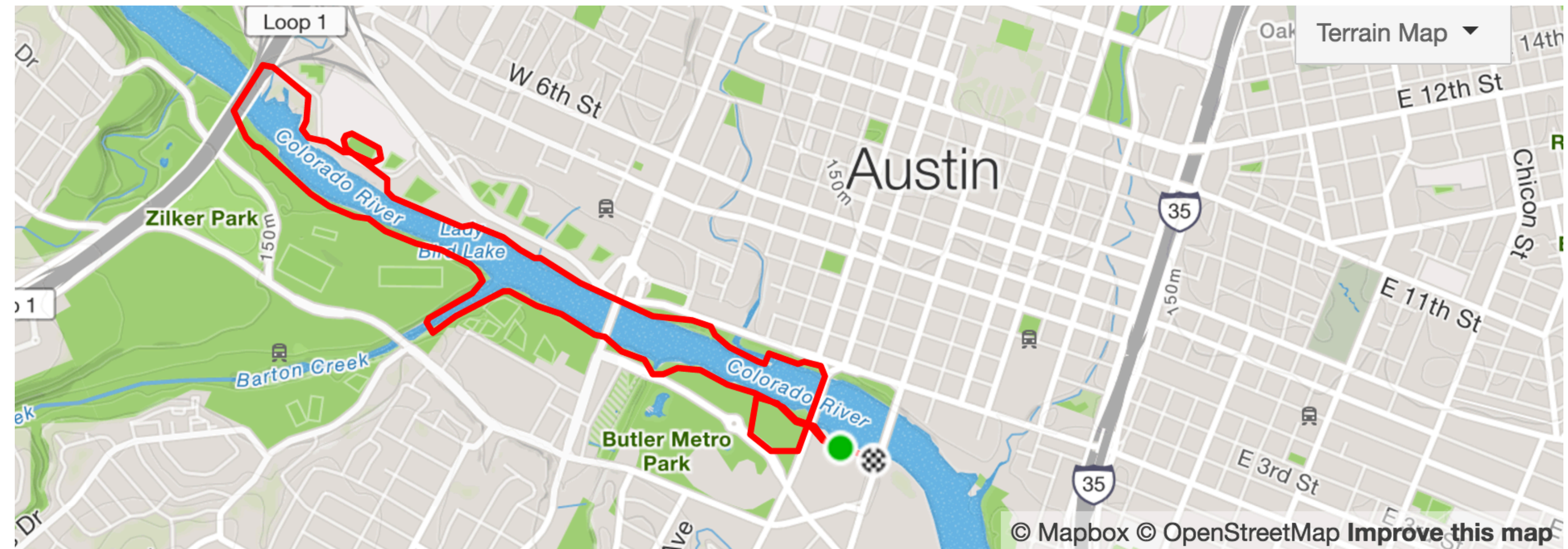
© Mapbox © OpenStreetMap Improve this map

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- After applying Endpoint Privacy Zone

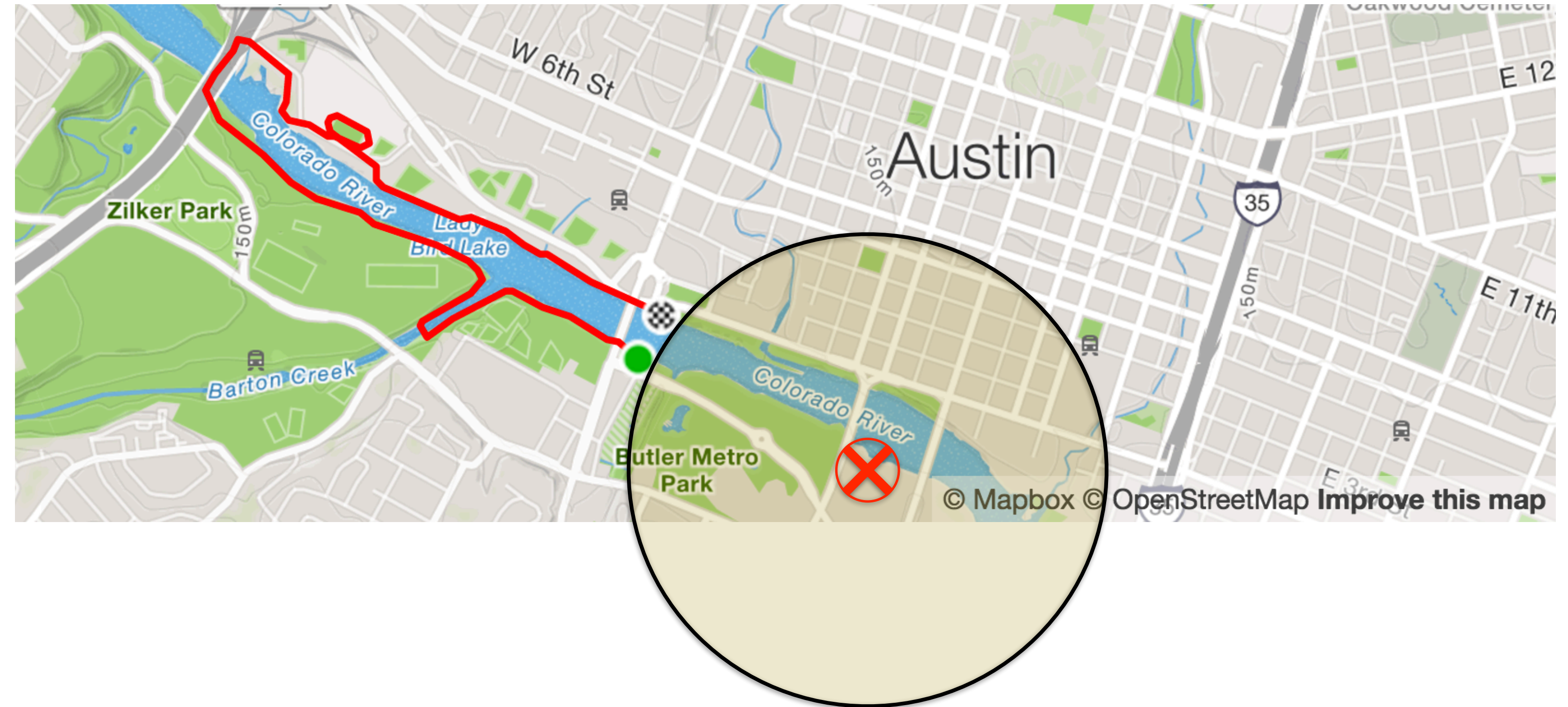
# What **happened** behind **the curtain**

# EndPoint Privacy Zone (EPZ)



# EndPoint Privacy Zone (EPZ)

- Generate a EPZ at user specified center
- Center is the sensitive location
- Remove all the activity GPS points lying inside circle



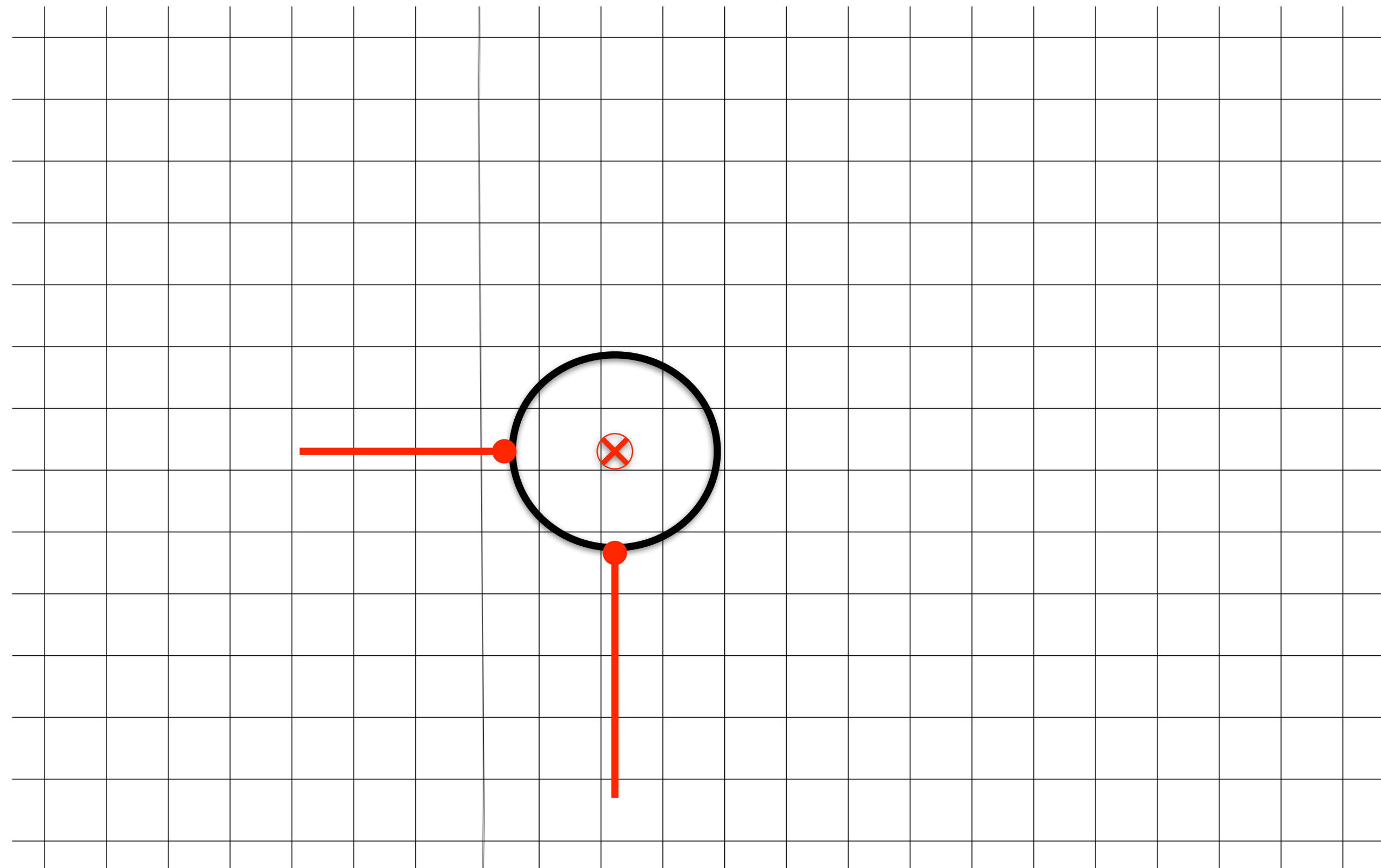


# Guessing EPZ Center



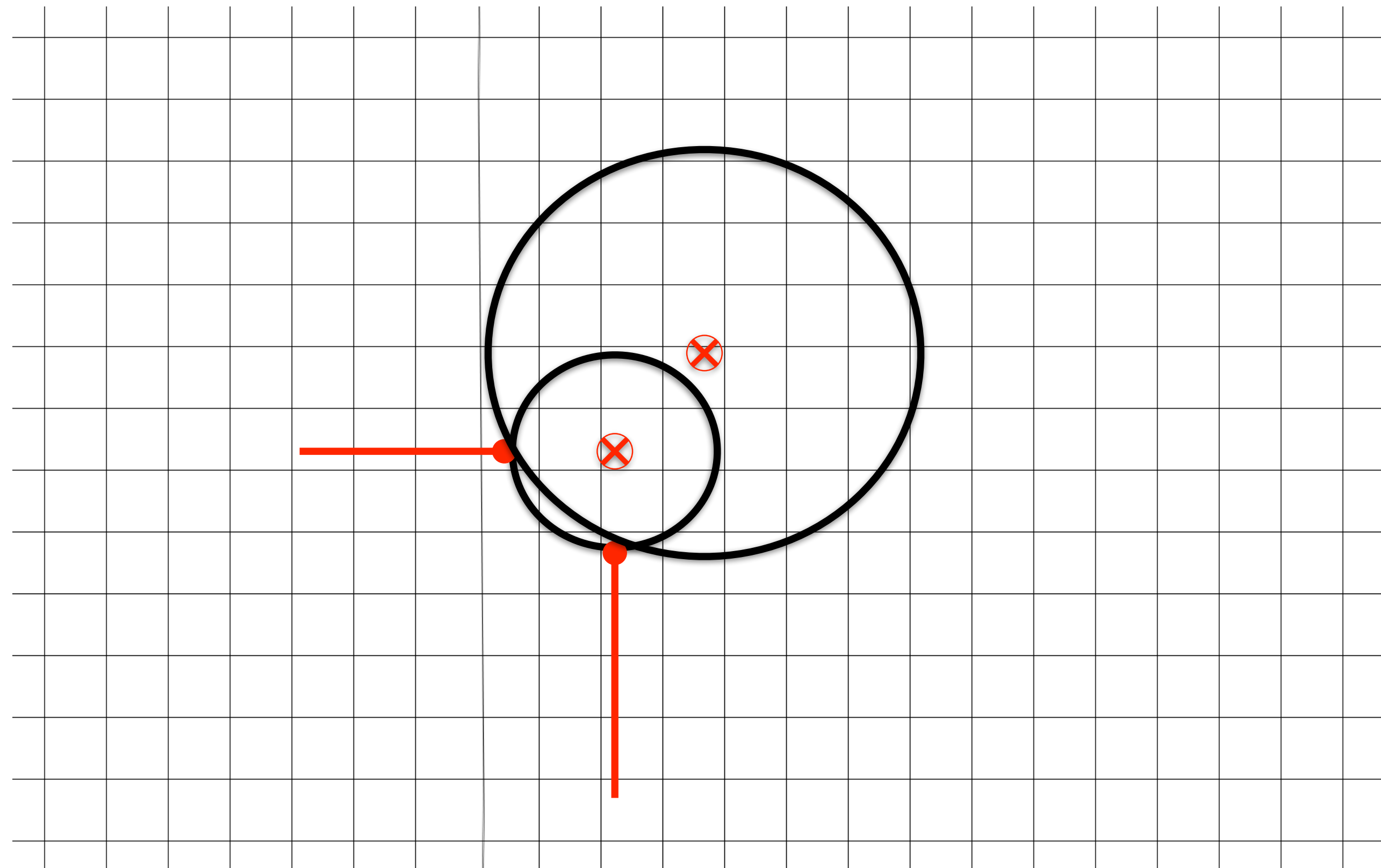
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Given two points  
generate circles  
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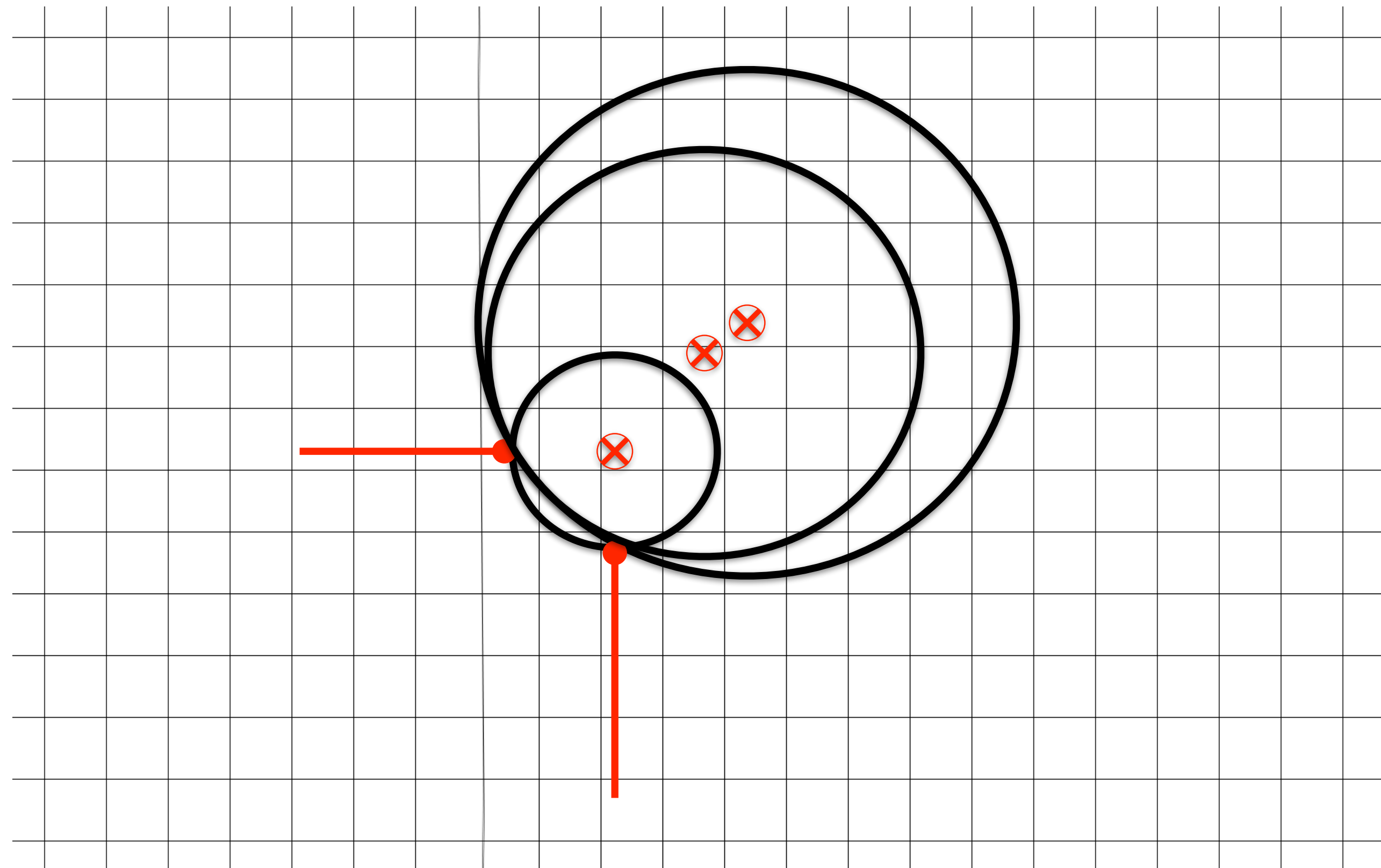
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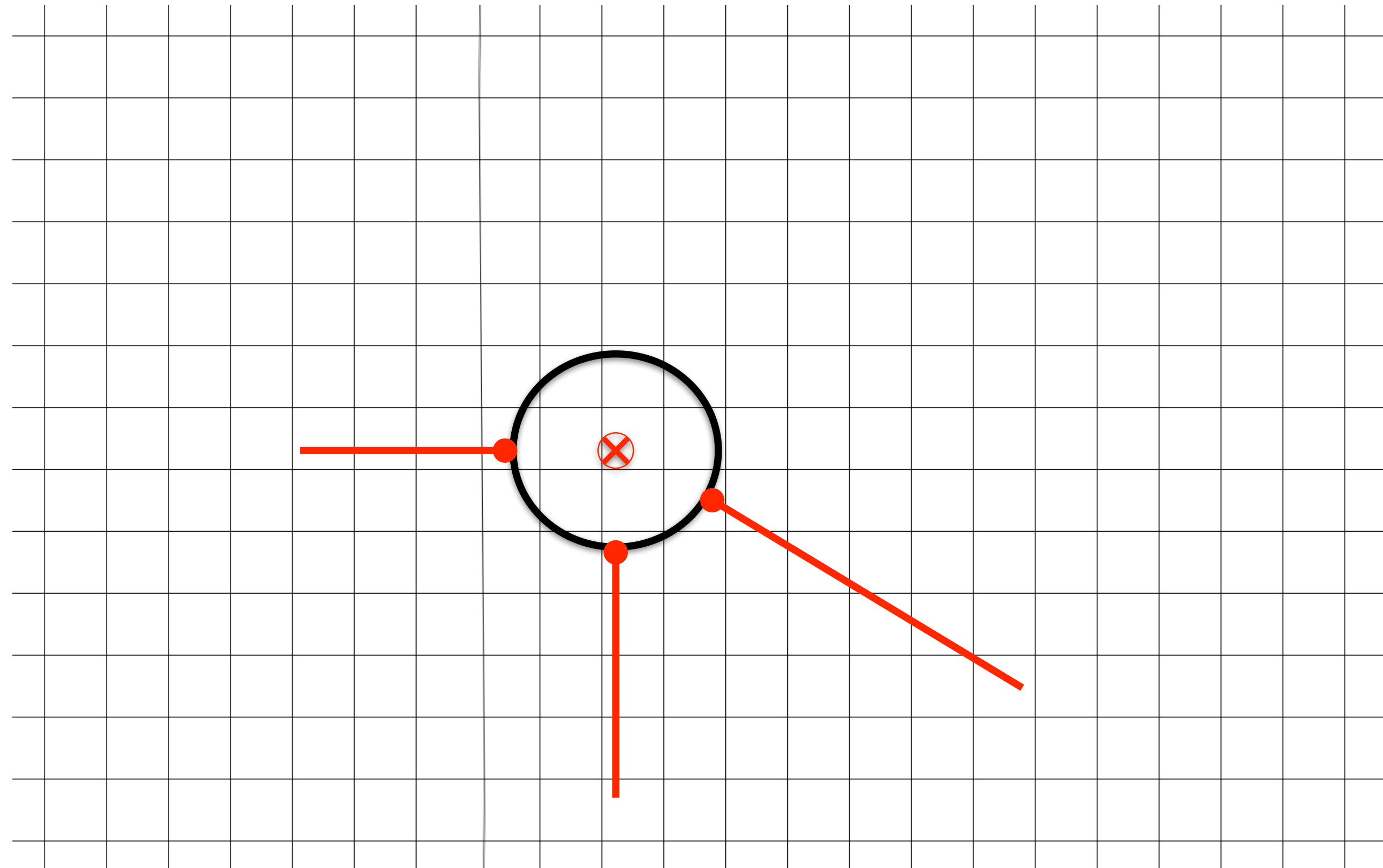
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# Guessing EPZ Center

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With three points  
you will find right  
EPZ

Is it that **Simple**?

Is it that **Simple**?  
**NO**

## Confounding Factors:

### 1. *Multiple endpoints*

- Multiple EPZs can be predicted but only **one** is correct

### 2. *GPS sampling errors*

- Endpoints of routes may not lie exactly on EPZ
- Uncertainty when attempting to infer a protected location.

You can **run**, but  
can you **hide**?



# You can run, but can you hide?

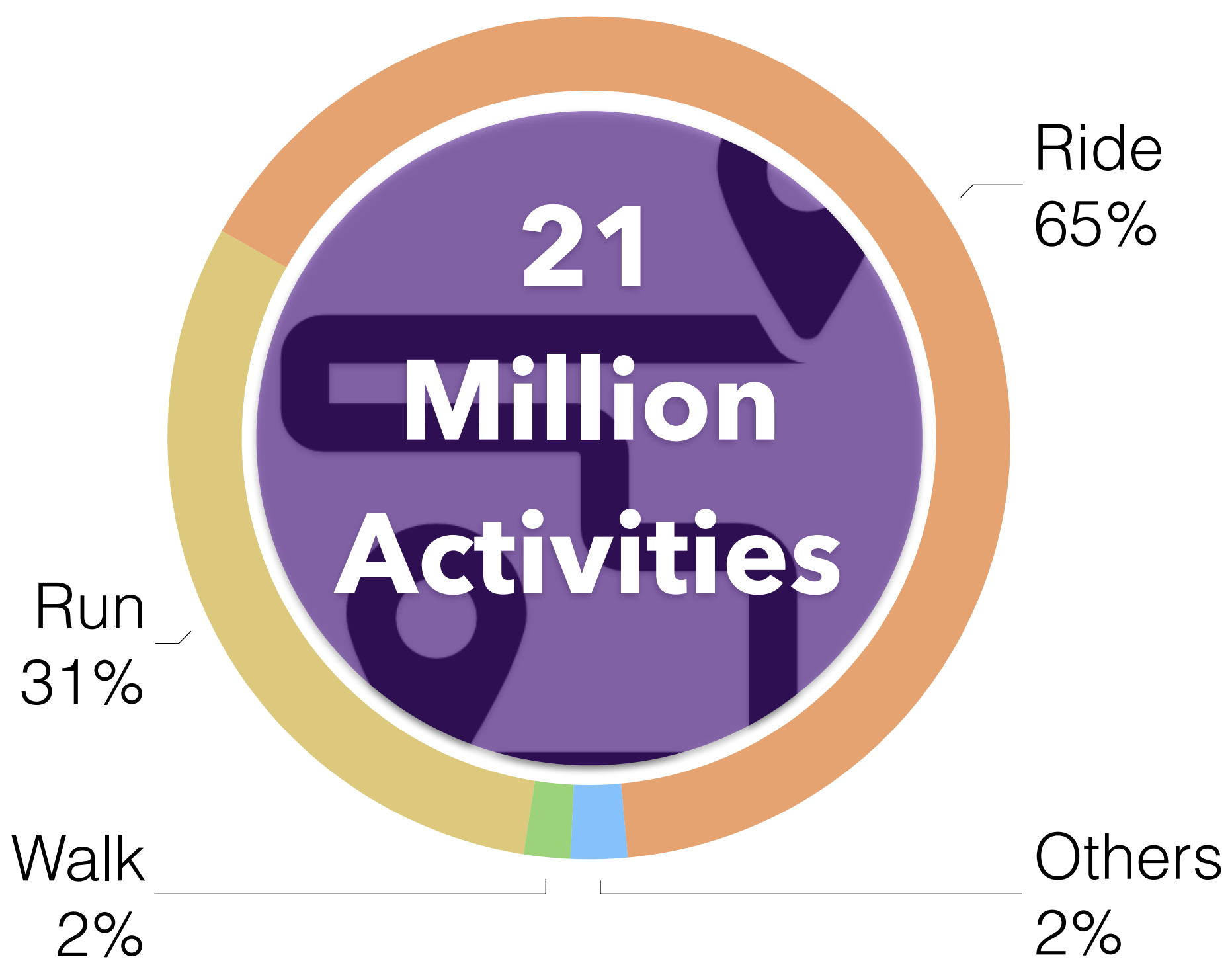
1. Collected activity dataset from [strava.com](https://www.strava.com)
2. Designed robust algorithm to search EPZ circles
  - a. Validated our algorithm on unprotected activities
  - b. Ran an attack on protected activities
3. Designed mitigation strategies

# Dataset

- Scraped May 2016 activity dataset from [strava.com](https://www.strava.com)
- Collected GPS coordinates, activity type, duration, distance, athlete ID etc.

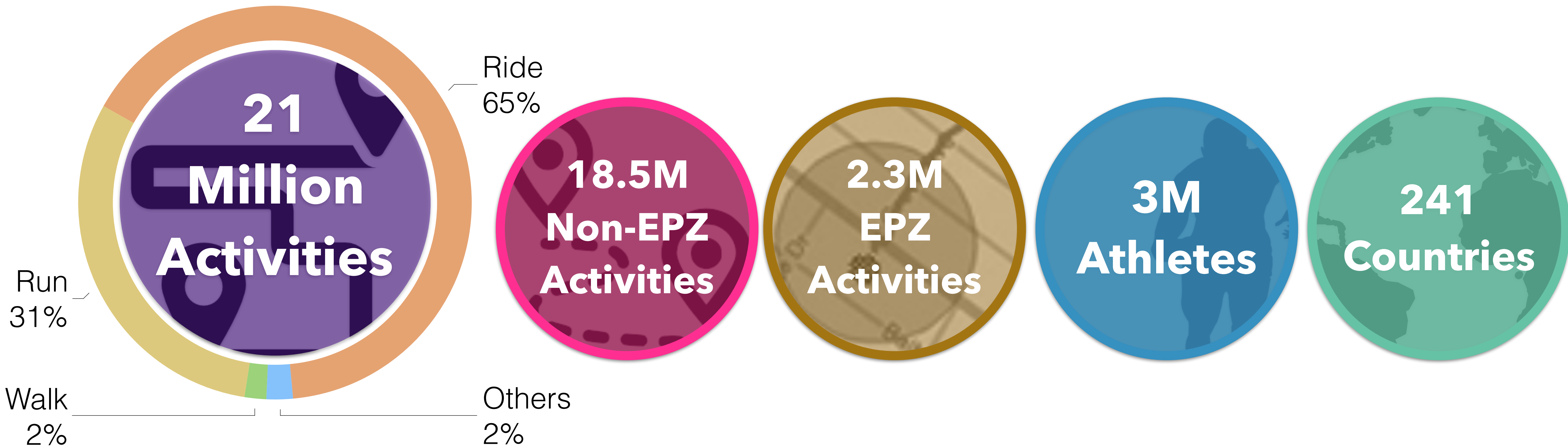
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# EPZ Search

- Least Square Circle Fit (LSF) algorithm
- But it does not fit our needs:
  - Considers all the endpoints
    - We don't know which endpoints associated with EPZ
    - Wildly inaccurate results if one endpoint is wrong
  - Considers all possible radii while only finite are allowed by services
  - Does not cater jitter GPS coordinates
  - Slow

# Our EPZ Search Algorithm

1. Generate candidate EPZs as follows:
  - For each pair of activities, perform pairwise inspection of each possible combination of endpoints

# Our EPZ Search Algorithm

## 1. Generate candidate EPZs as follows:

- For each pair of activities, perform pairwise inspection of each possible combination of endpoints
- For each pair of endpoints  $(x_1, y_1), (x_2, y_2)$ , solve the simultaneous equations

$$(x_c - x_1)^2 + (y_c - y_1)^2 = r^2$$

$$(x_c - x_2)^2 + (y_c - y_2)^2 = r^2$$

where  $(x_c, y_c)$  is center  
and  $r$  is possible radius

- Each solution of simultaneous equation is one candidate EPZ

# Our EPZ Search Algorithm

2. We use consensus procedure among candidate EPZs to give confidence scores to each EPZ
  - Confidence score is the number of activity start/end points that independently agree on the location of the EPZ



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  - Confidence score is the number of activity start/end points that independently agree on the location of the EPZ
3. To account for jitters in GPS coordinates we use parametrized threshold
  - We consider two EPZs as same if the distance between the centers is less than or equal to the specified threshold

# Our EPZ Search Algorithm

4. Finally, rule out candidate EPZs which do not make sense
  - Candidate EPZs intersecting other portion of routes
  - Candidates EPZs with less than certain confidence score

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5. In end, our algorithm predicts one EPZ with highest confidence score

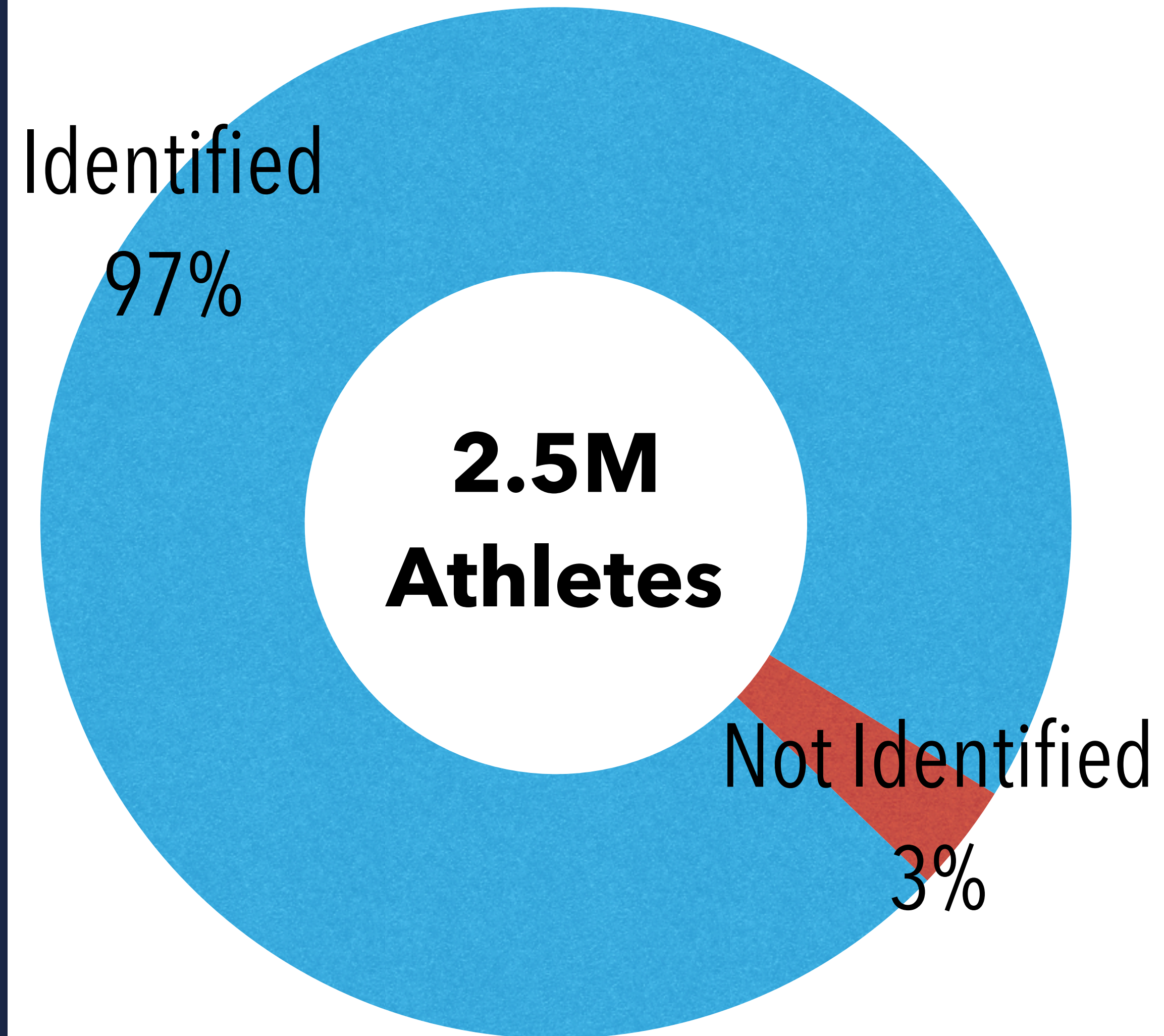
- We use training run to automatically find best threshold for a specific service

# Attack Validation

- Test EPZ search algorithm
- Created synthetic EPZ with radius 0.25 miles on unprotected activities so that we know exact center
- Use our algorithm to predict the center

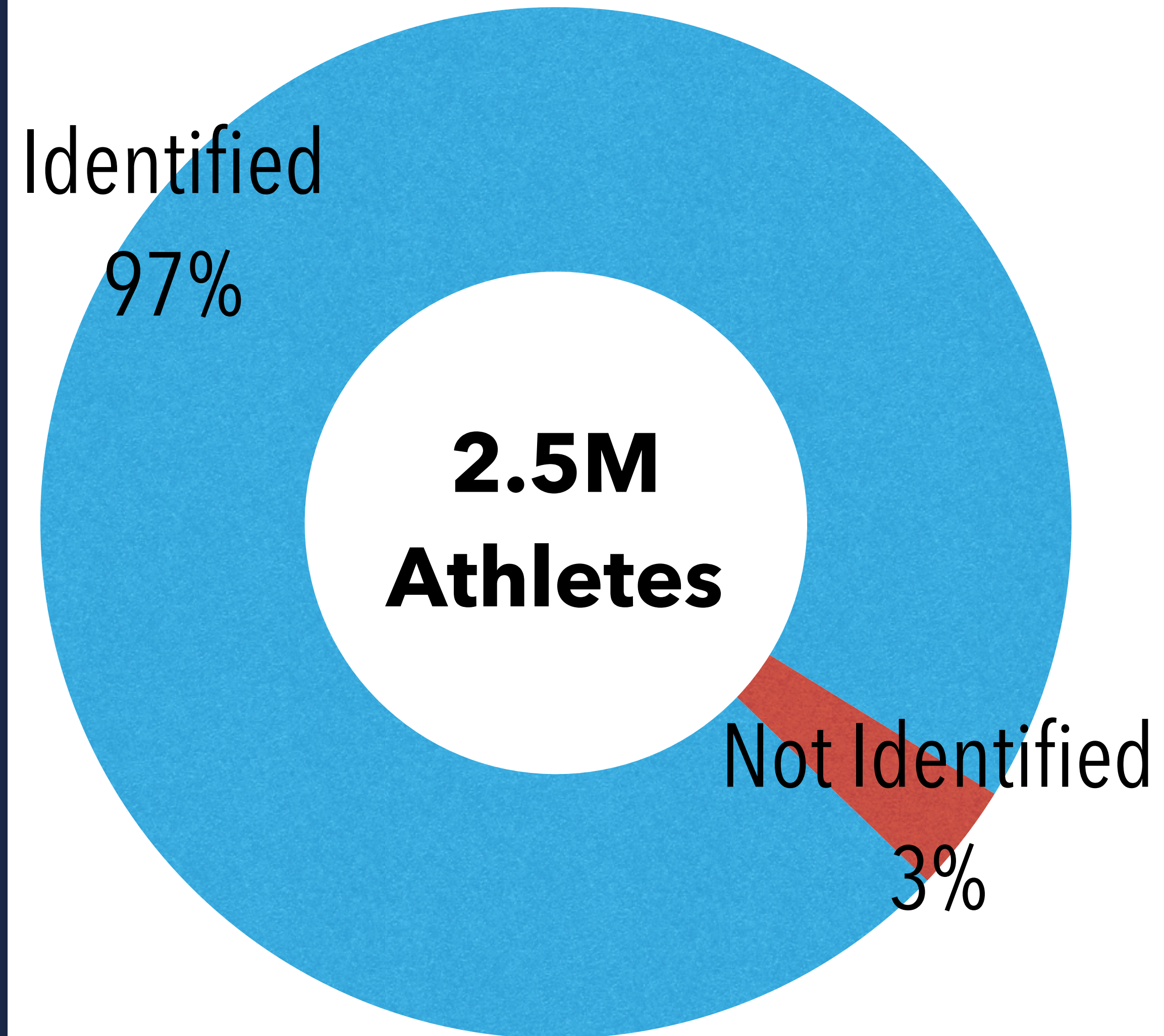
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- Lack of available observations e.g. athletes has only  $<2$  activities

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- After attack validation we identified actual protected location
- Deployed our search algorithm on protected activities

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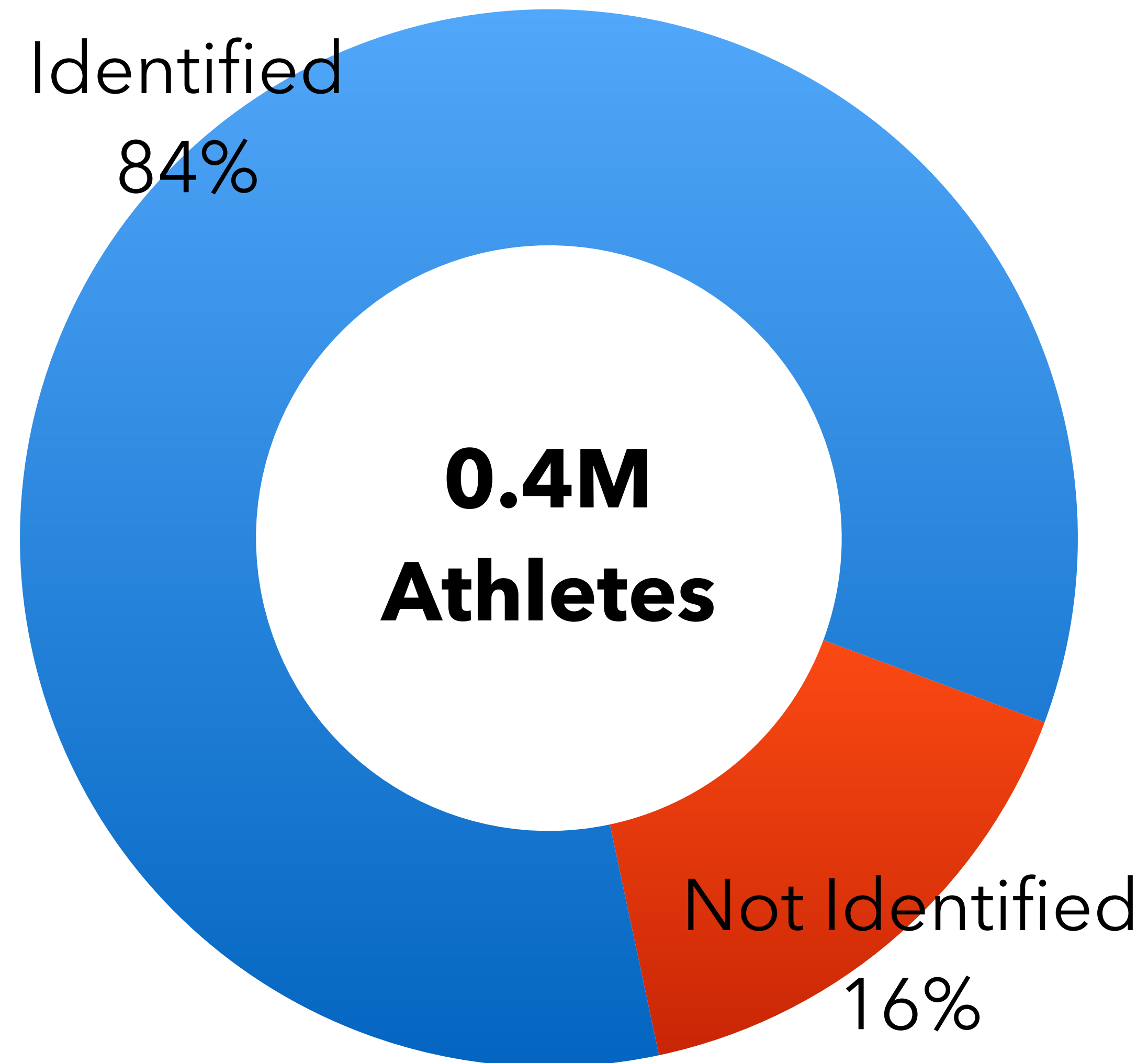
**Athletes with more than 1 EPZ enabled activity**



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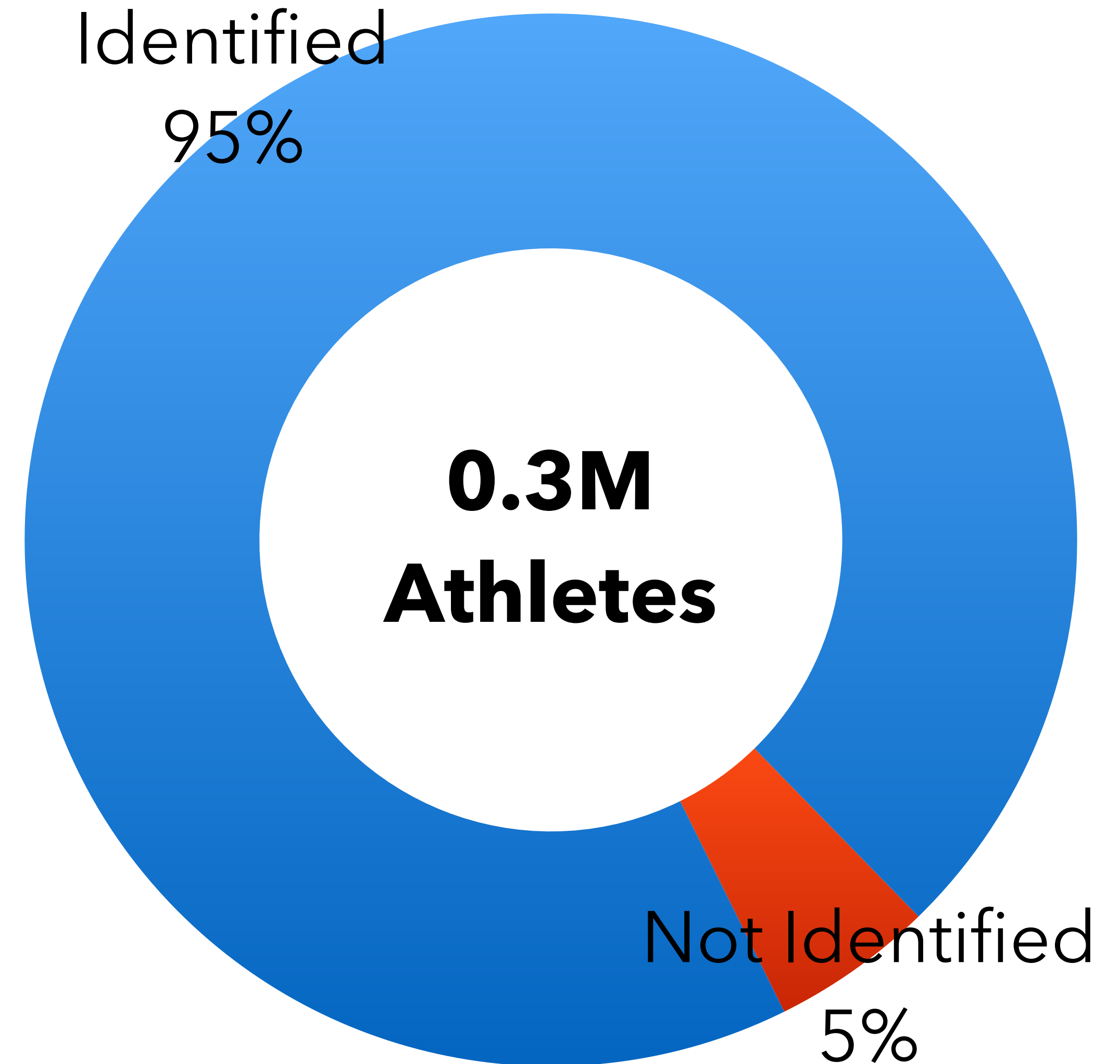
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# Attack Evaluation

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## Athletes with more than 3 EPZ enabled activity



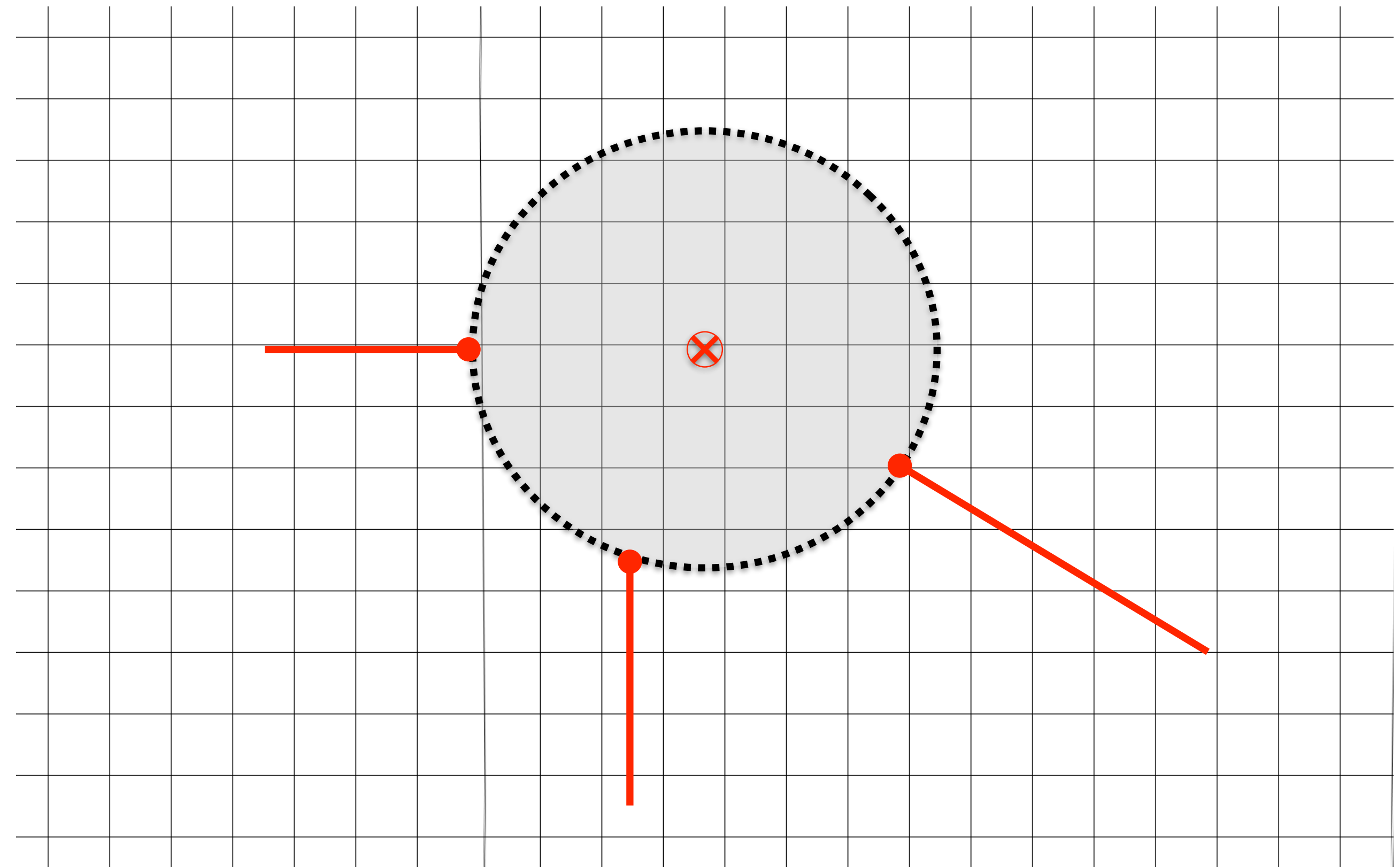
**Countermeasures?**

# Countermeasures?

- Modify Radius Size
- Fuzz EPZ Intersection Points
- Spatial Cloaking

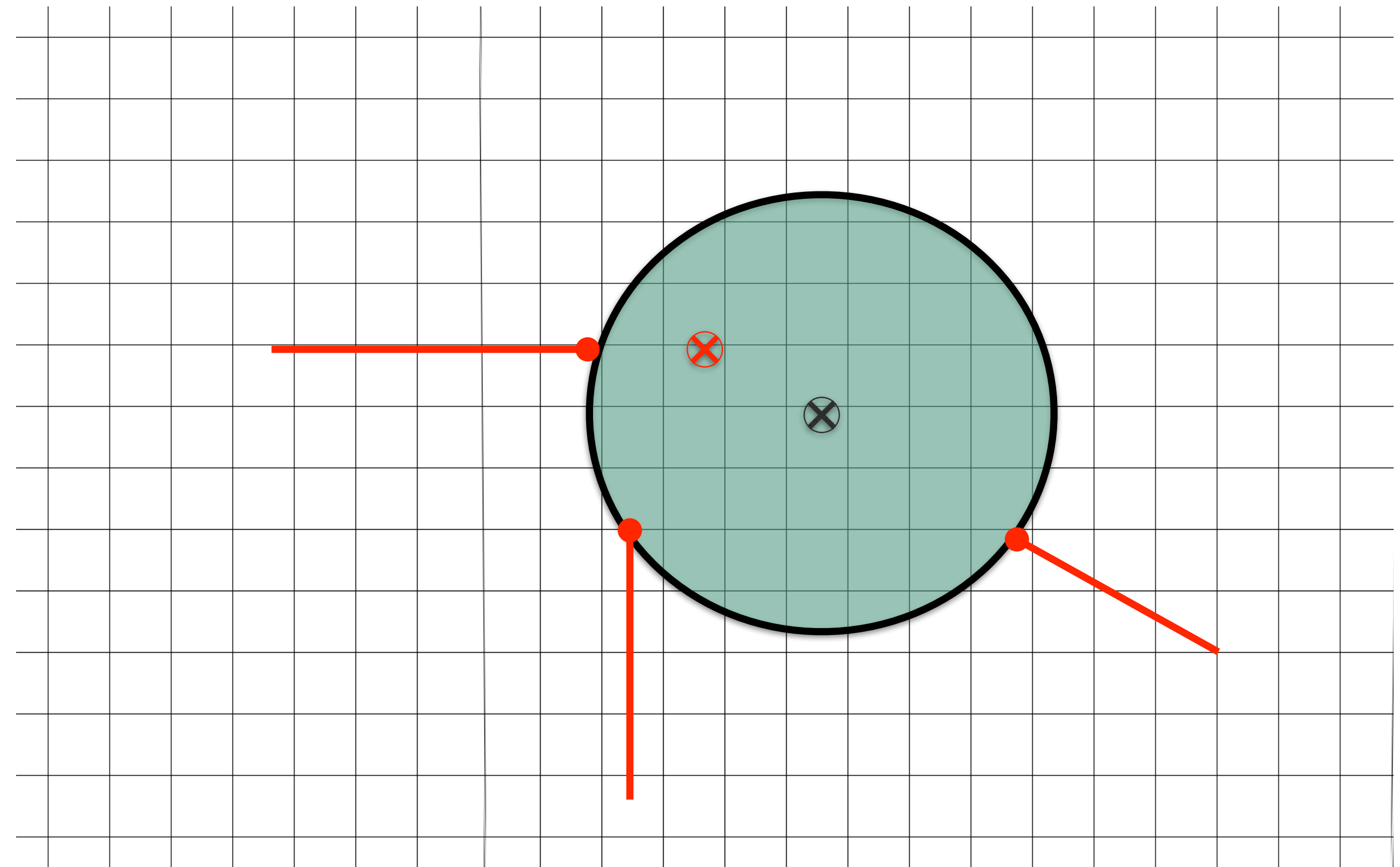
# Spatial Cloaking

- Adapt geo-indistinguishability in the context of fitness tracking services



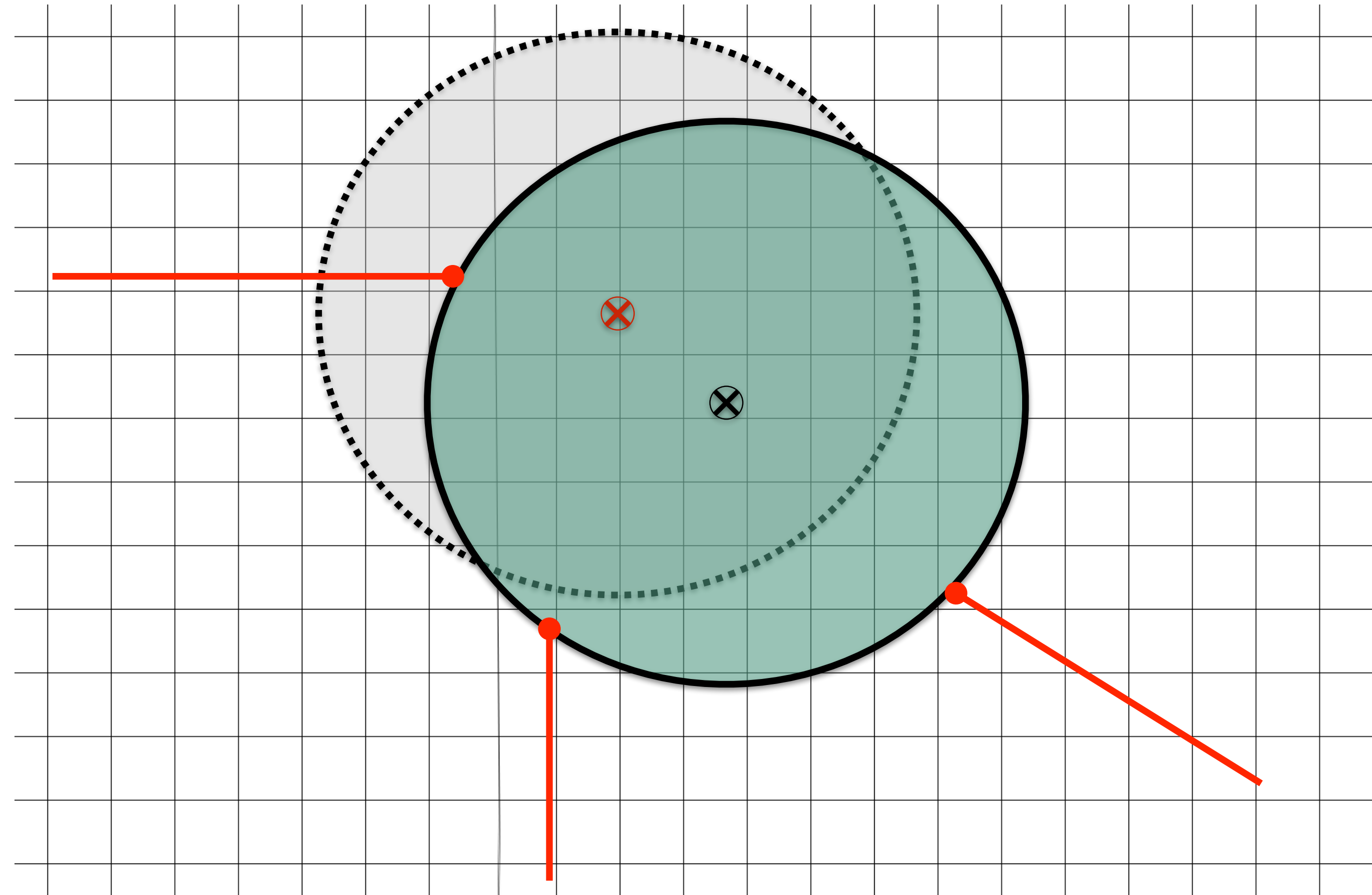
# Spatial Cloaking

- Adapt geo-indistinguishability in the context of fitness tracking services
- Shift the center of EPZ
- Sensitive location can be anywhere inside new EPZ



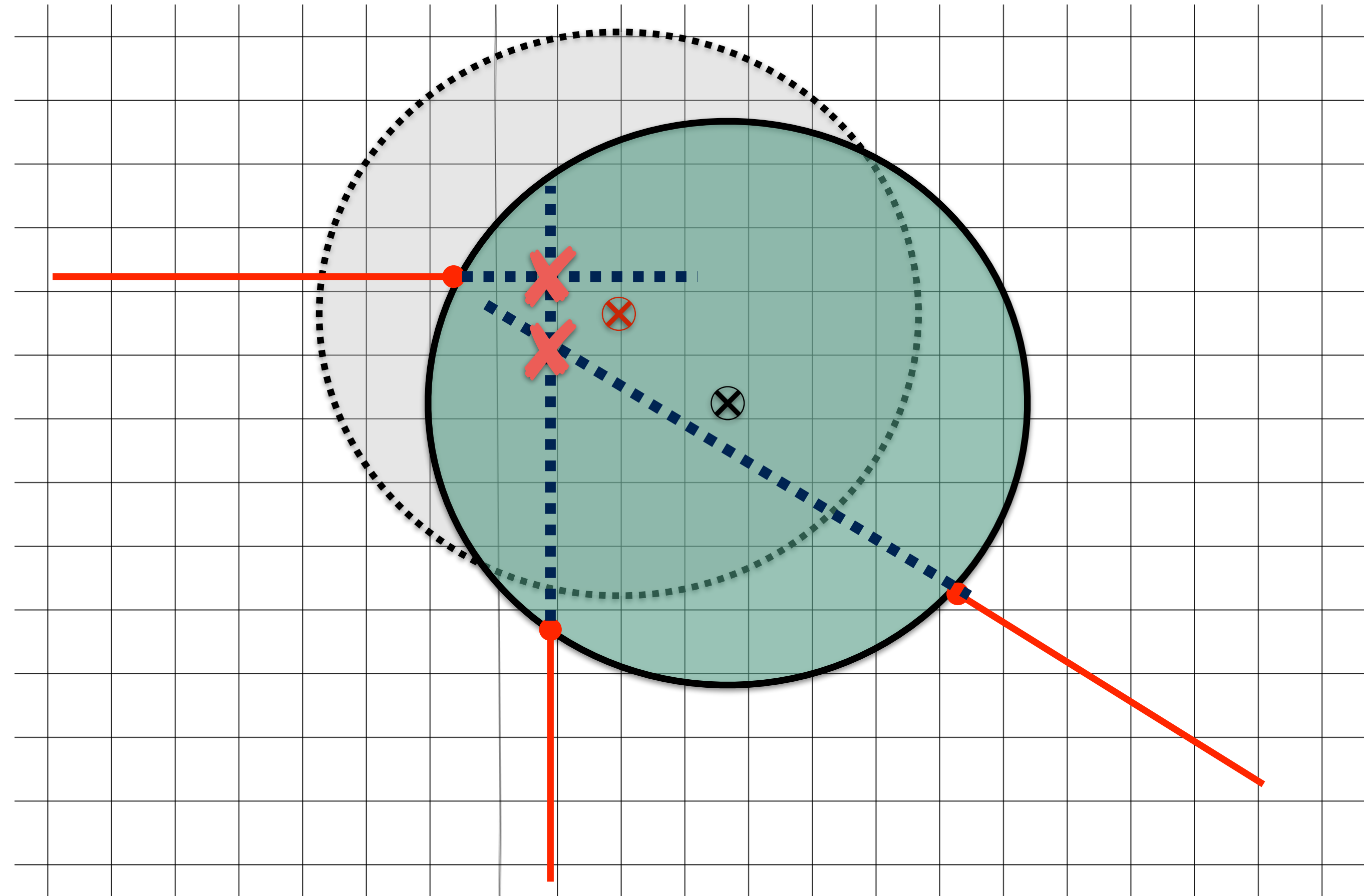
# Attack on Spatial Cloaking

- Interpolates the direction of routes as they enter EPZ
- Group all the intersection together that fall within certain threshold and find centroid
- Prediction successful if centroid falls without 50 meters of protected location



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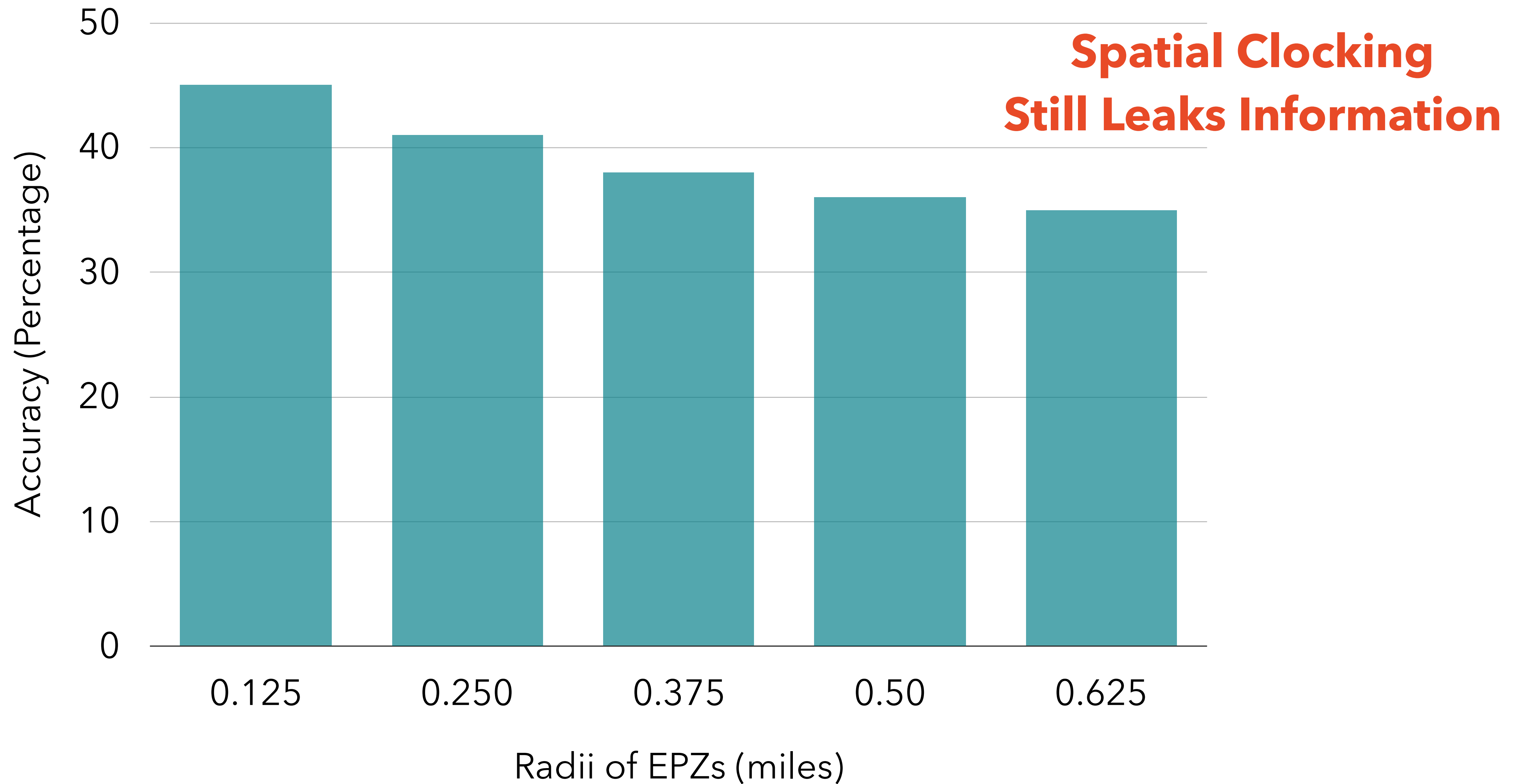




# Spatial Cloaking Results

**Spatial Cloaking  
Still Leaks Information**

# Spatial Cloaking Results



# Impact

Our defense was adopted by:

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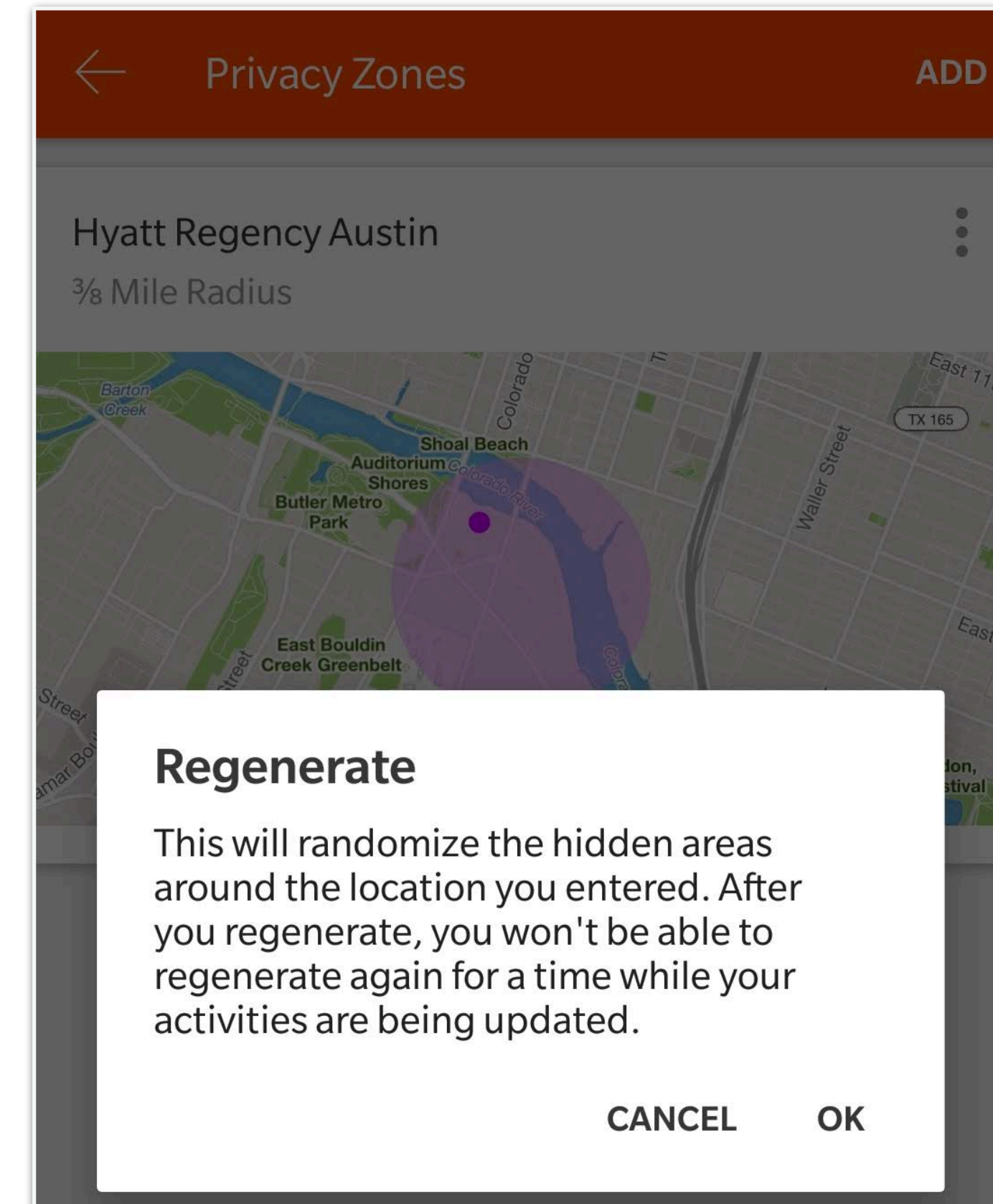
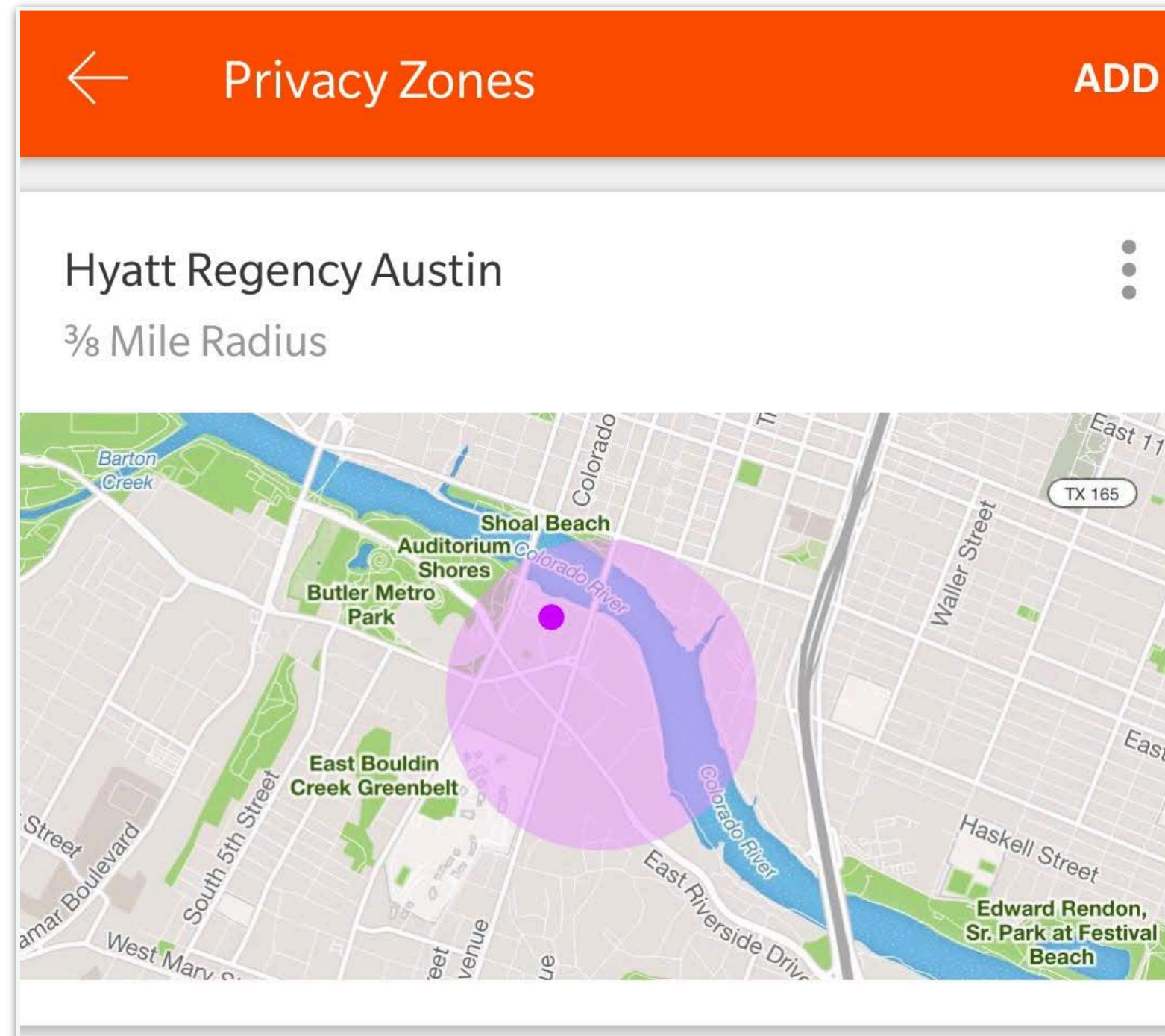


## MAP MY TRACKS BLOG

FEBRUARY 23, 2018

### Privacy zone enhancements for added security

[Return to latest news](#)



# Takeaways

- Demonstrate that EPZ was a bad privacy measure from its infancy
- Intrinsic risk between desire to publish route information while concealing sensitive endpoints.
- Need efficient and usable privacy features in fitness tracking apps

# Thanks & Questions



whassan3@illinois.edu

# Backup Slides

# Finding EPZ Activity

- Through experimentation we discovered if an activity is using EPZ.
- There is a discrepancy between the advertised distance on the activity page and the final distance traveled according to the GPS samples



# Heatmap Incident



**THE VERGE**

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## Strava's fitness tracker heat map reveals the location of military bases

*Geolocation isn't a new problem for the military*

By Andrew Liptak | @AndrewLiptak | Jan 28, 2018, 3:51pm EST

- EPZ found in our dataset:
- 1 of 7 athletes at GCHQ
  - 1 of 8 athletes at Pine Gap
  - 1 of 13 athletes at Kandahar