

# Building resilience

How to learn more from incidents

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written with Jessica DeVita (@ubergeekgirl)



<http://www.americanairmuseum.com/aircraft/10376>

# Agenda

1. Why learn from incidents?

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2. Four common traps.

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2. Four common traps.
3. Four helpful practices.



**Why should we learn from incidents?**



## **How Complex Systems Fail**

*(Being a Short Treatise on the Nature of Failure; How Failure is Evaluated; How Failure is Attributed to Proximate Cause; and the Resulting New Understanding of Patient Safety)*

Richard I. Cook, MD

<https://aka.ms/csfail>



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“Catastrophe is always just around the corner.”

<https://aka.ms/csfail>

# Prevent a catastrophe



# Respond to a catastrophe

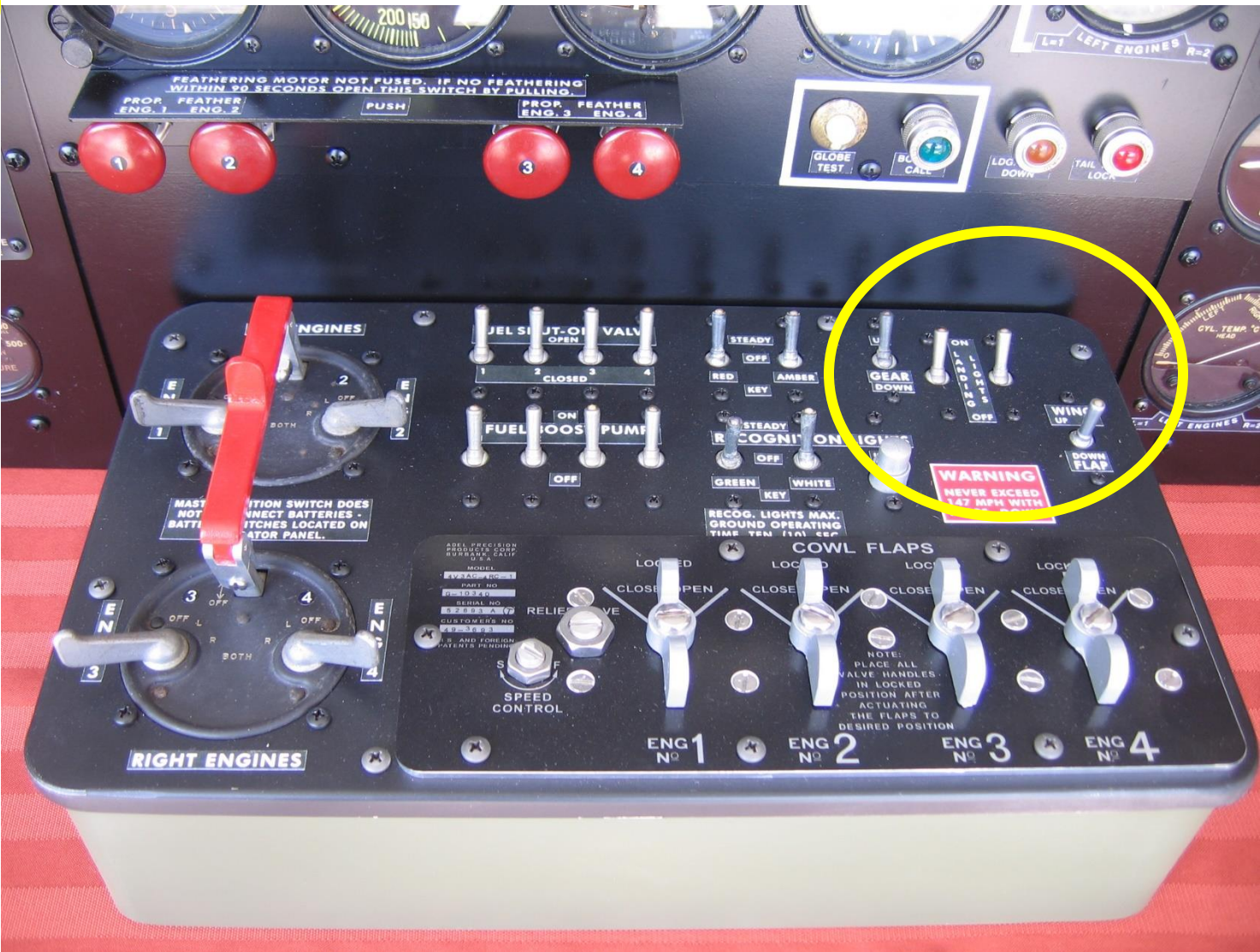
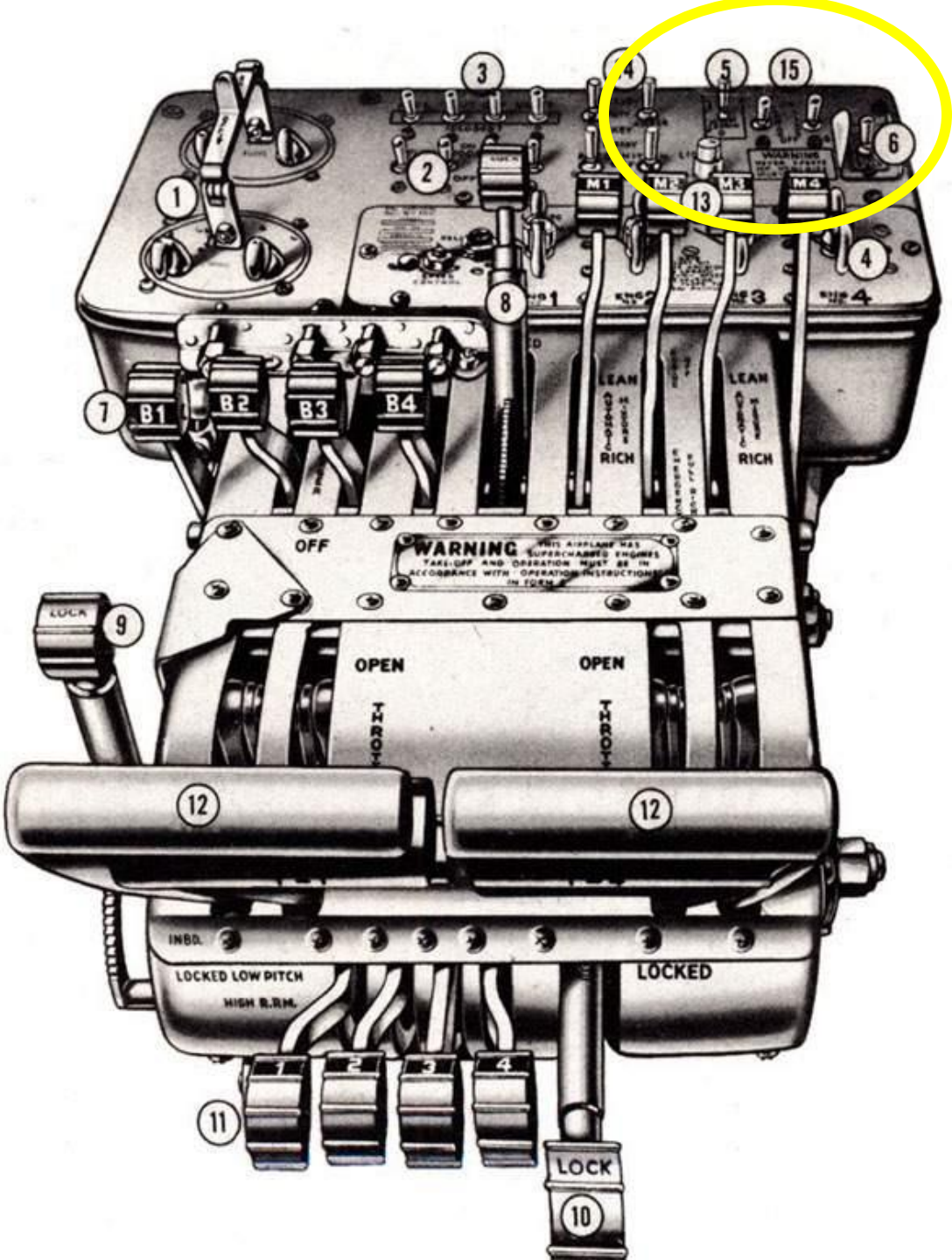


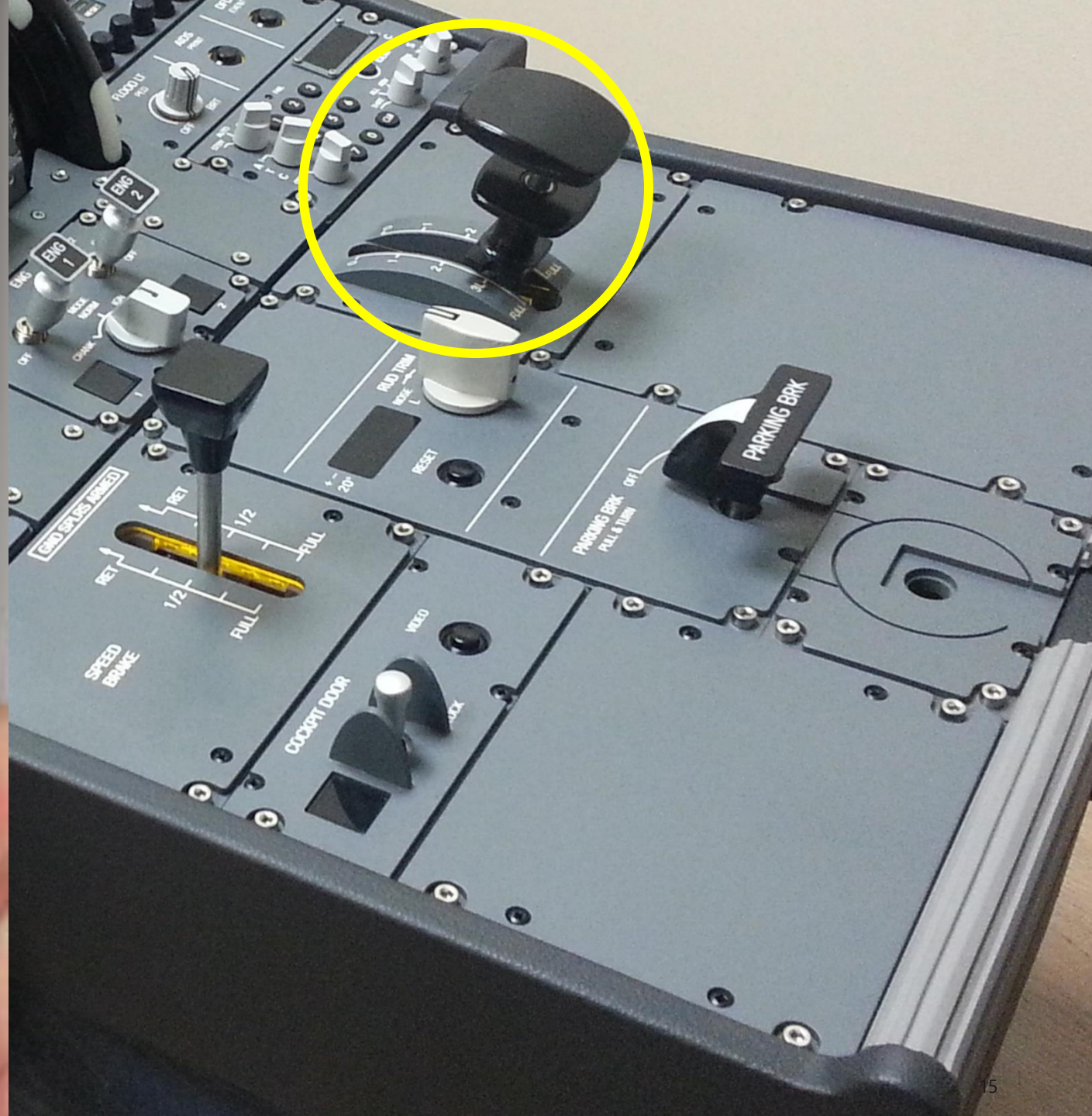


Language matters



**Alphonse Chapanis**





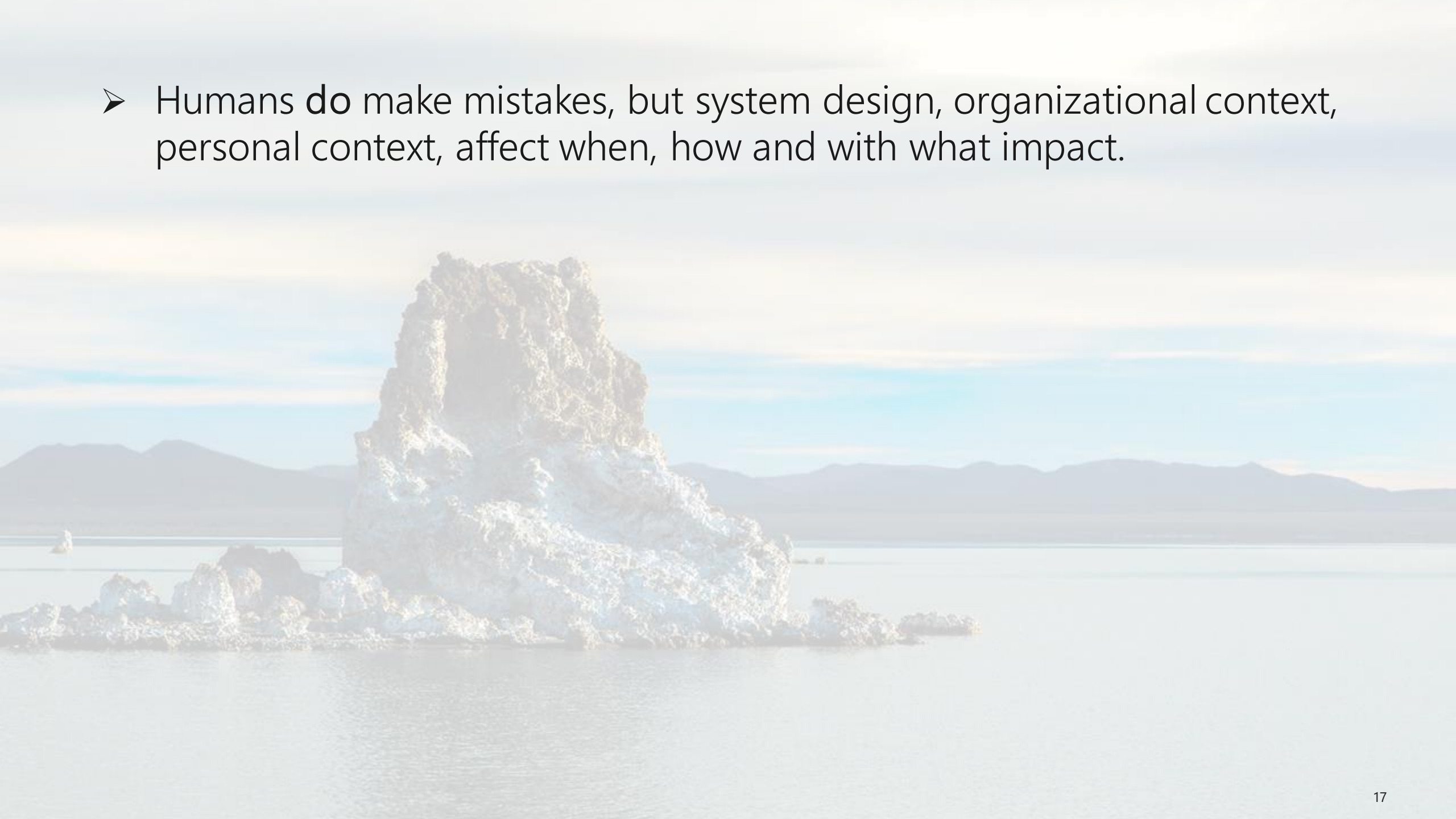
# Trap #1: Attribution to “human error”



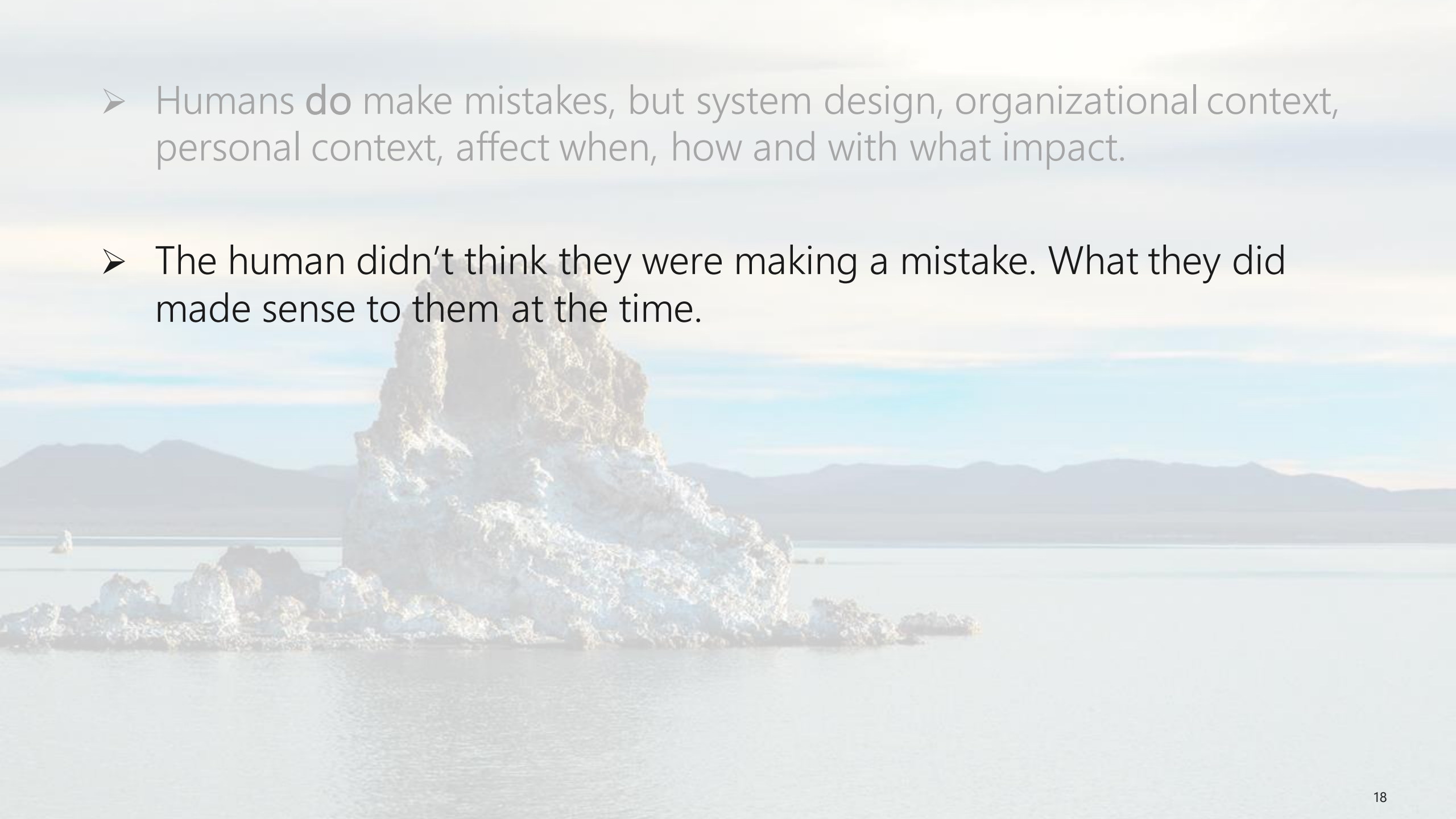
Photograph by Sheila Sund (<https://flic.kr/p/EzZFb1>)

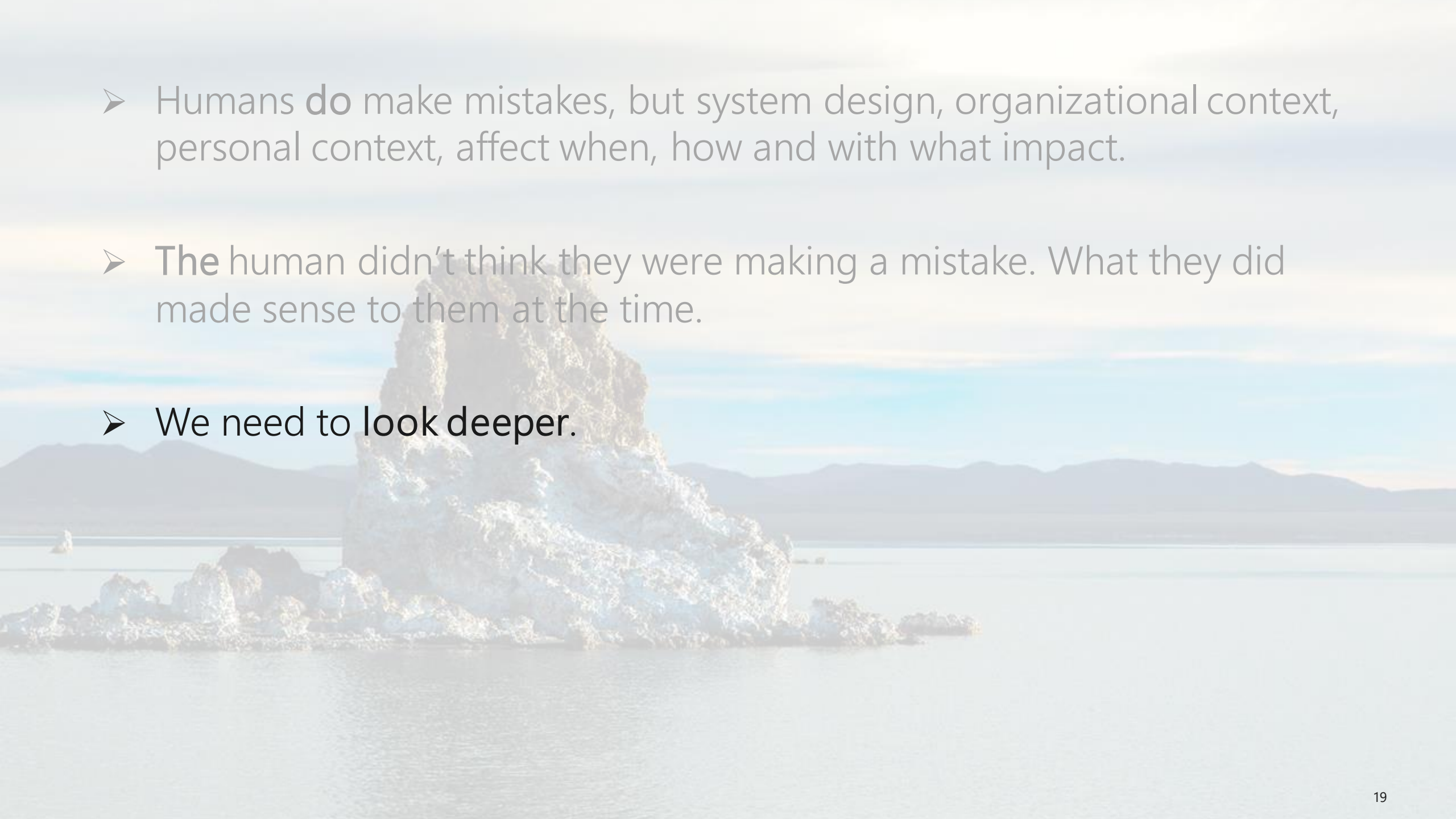


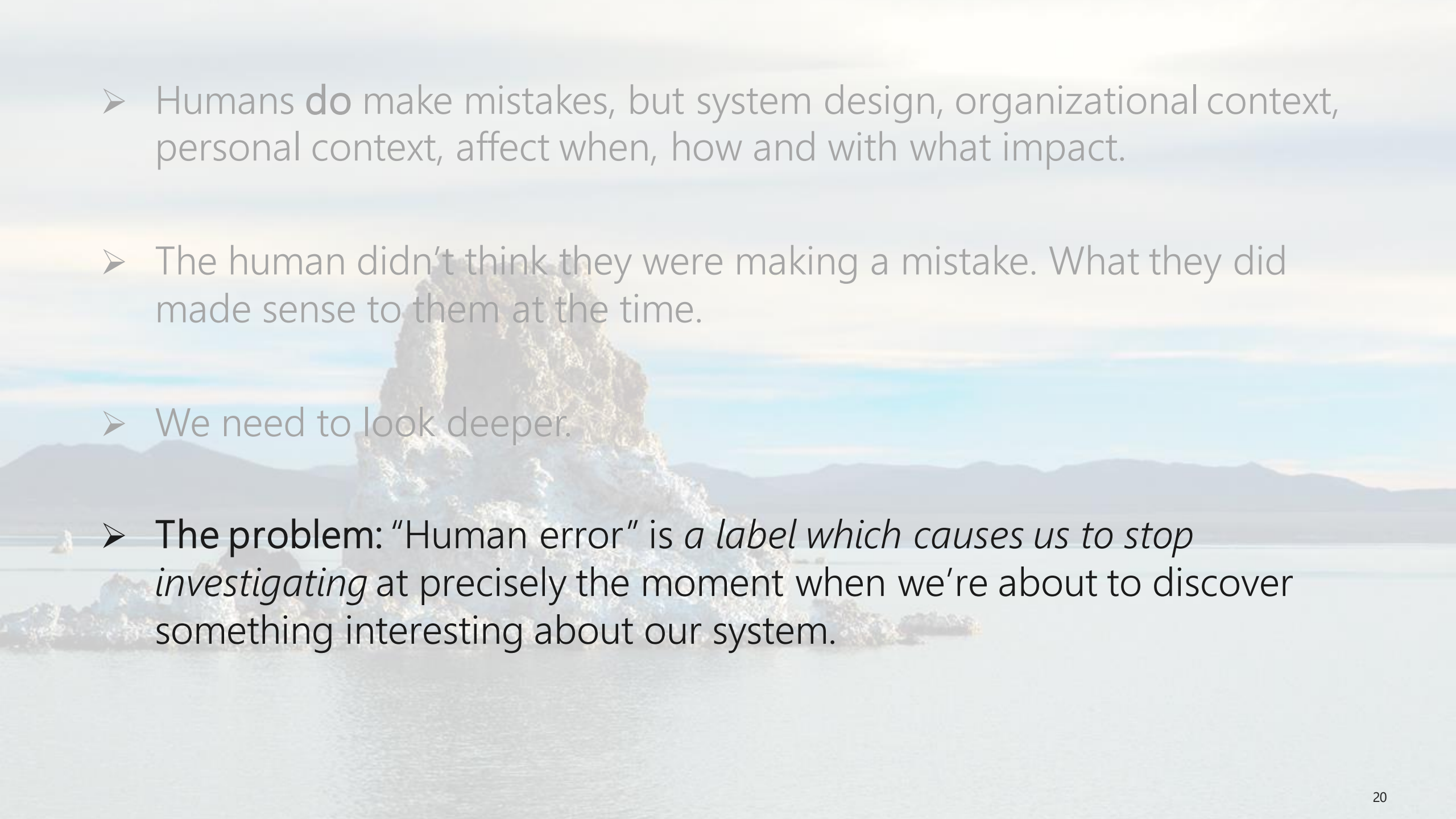
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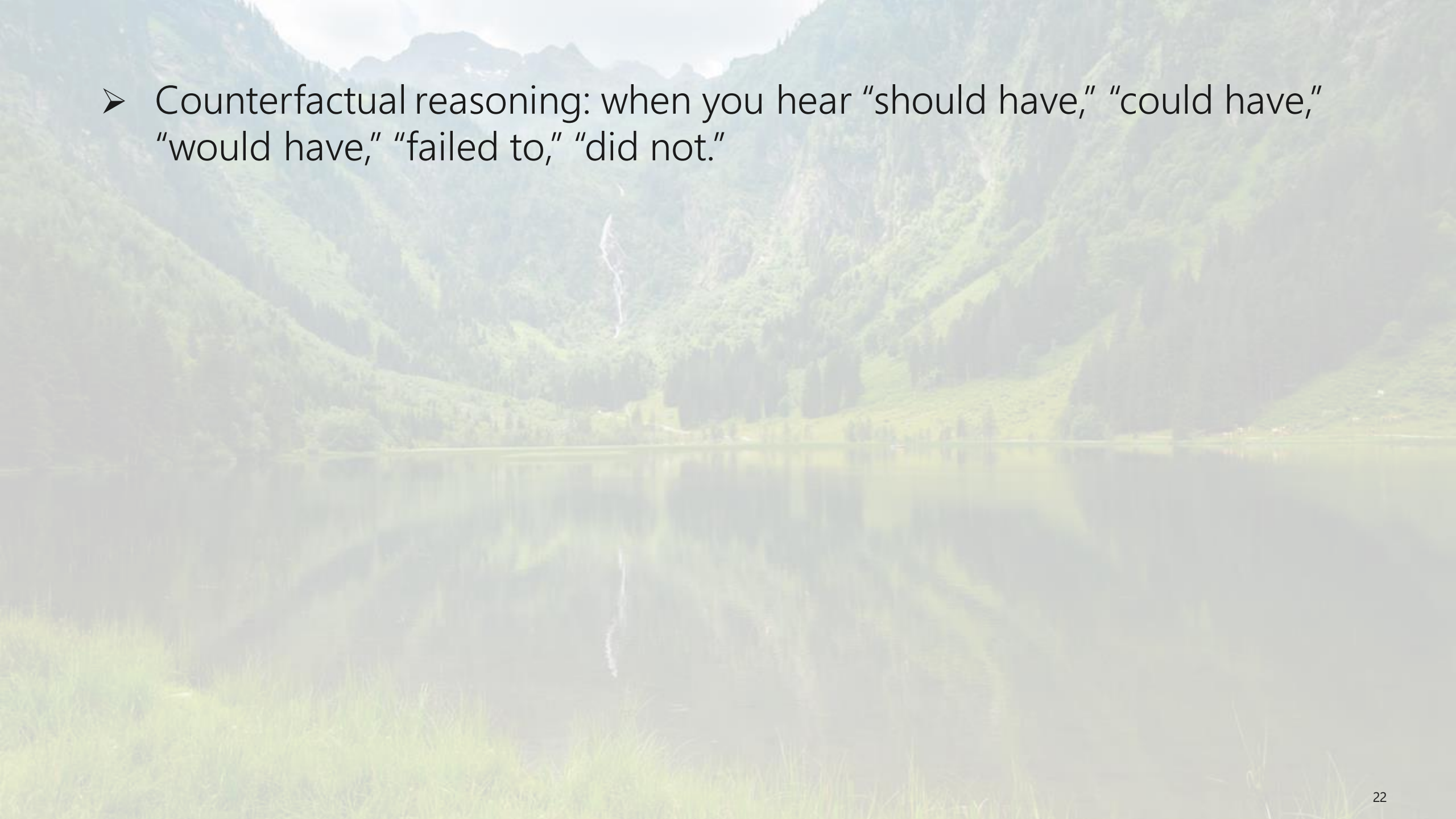


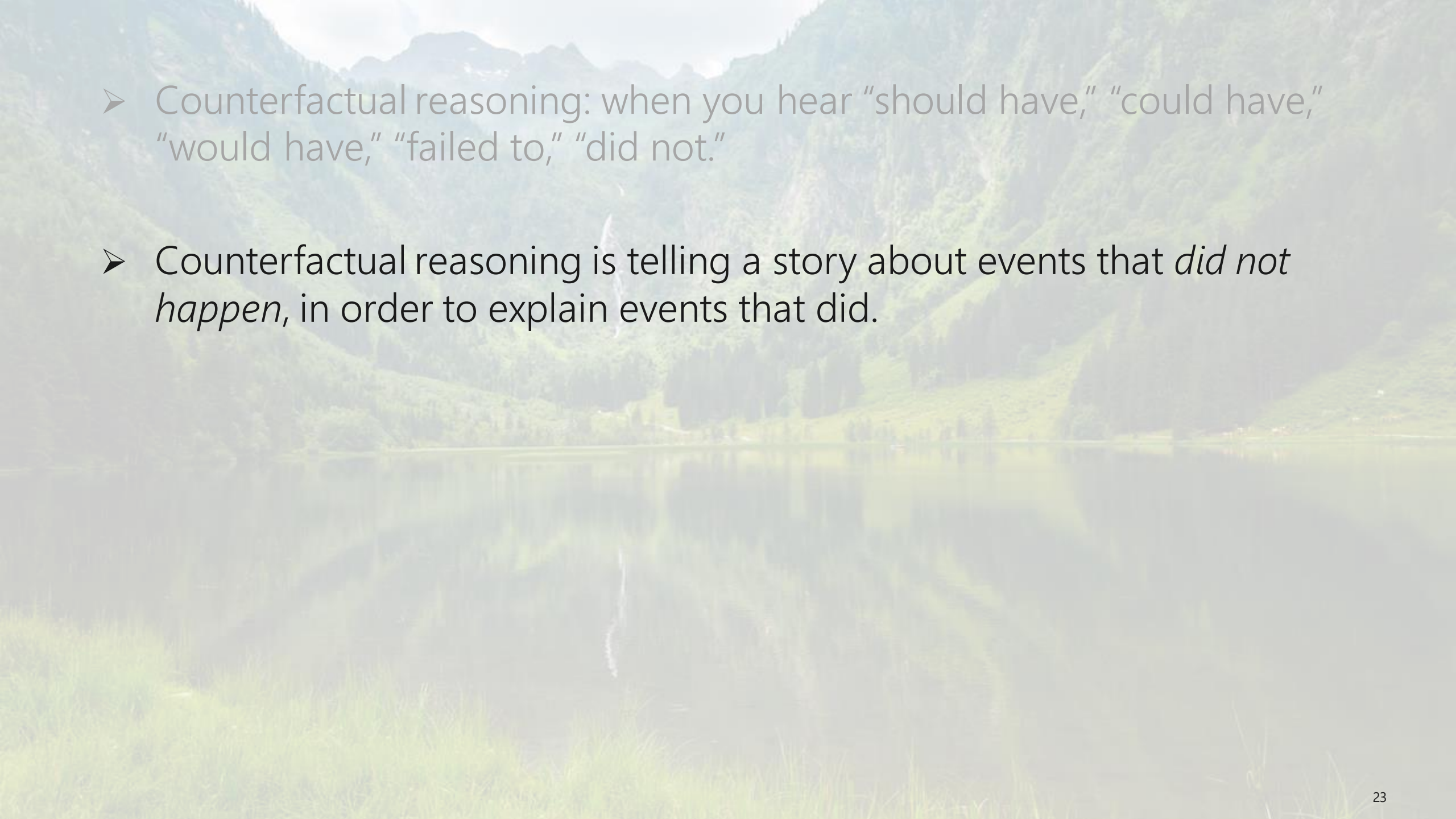
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- Humans **do** make mistakes, but system design, organizational context, personal context, affect when, how and with what impact.
  - **The** human didn't think they were making a mistake. What they did made sense to them at the time.
  - **We need to look deeper.**

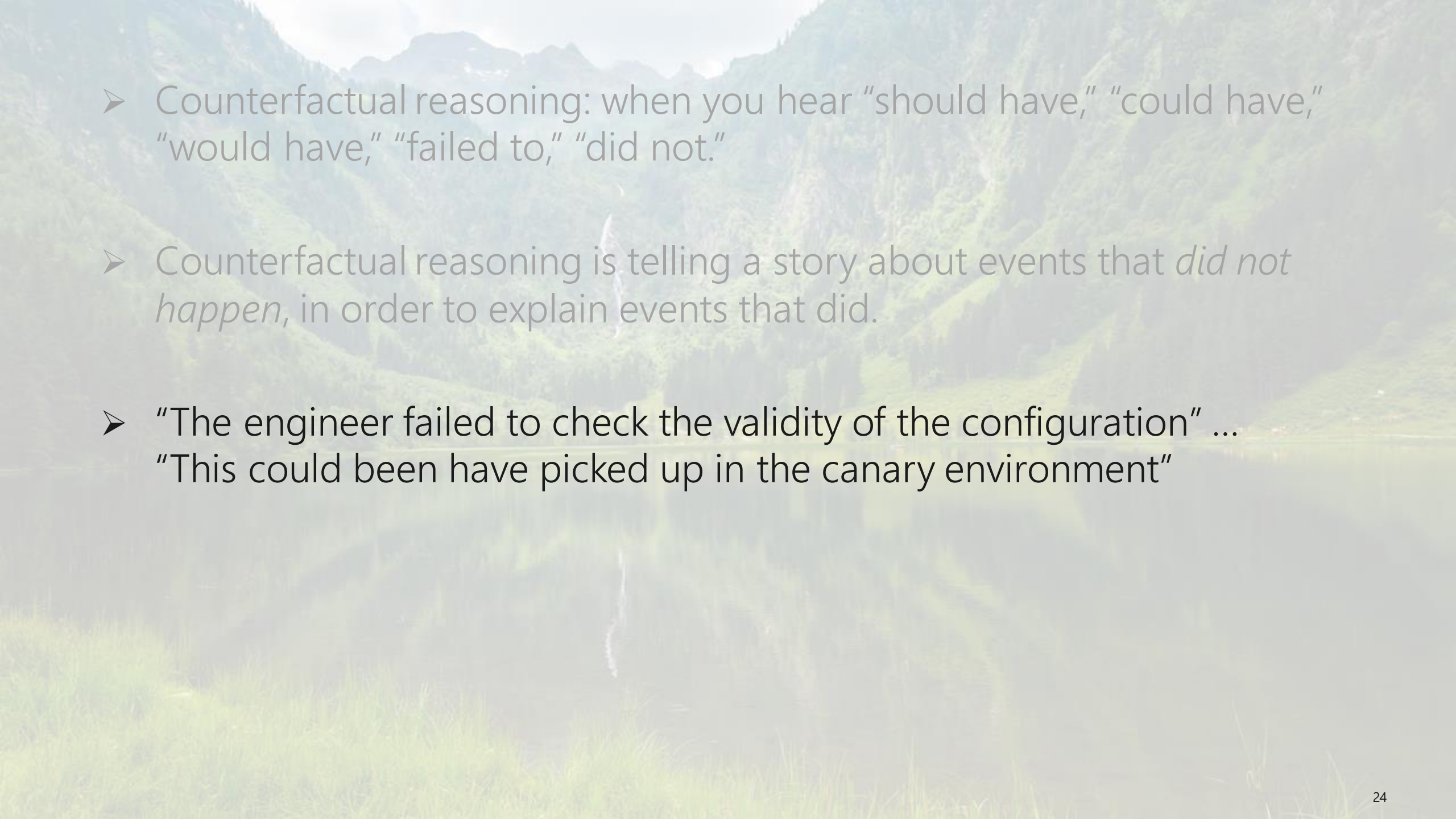
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- Humans **do** make mistakes, but system design, organizational context, personal context, affect when, how and with what impact.
  - The human didn't think they were making a mistake. What they did made sense to them at the time.
  - We need to look deeper.
  - **The problem:** "Human error" is *a label which causes us to stop investigating* at precisely the moment when we're about to discover something interesting about our system.



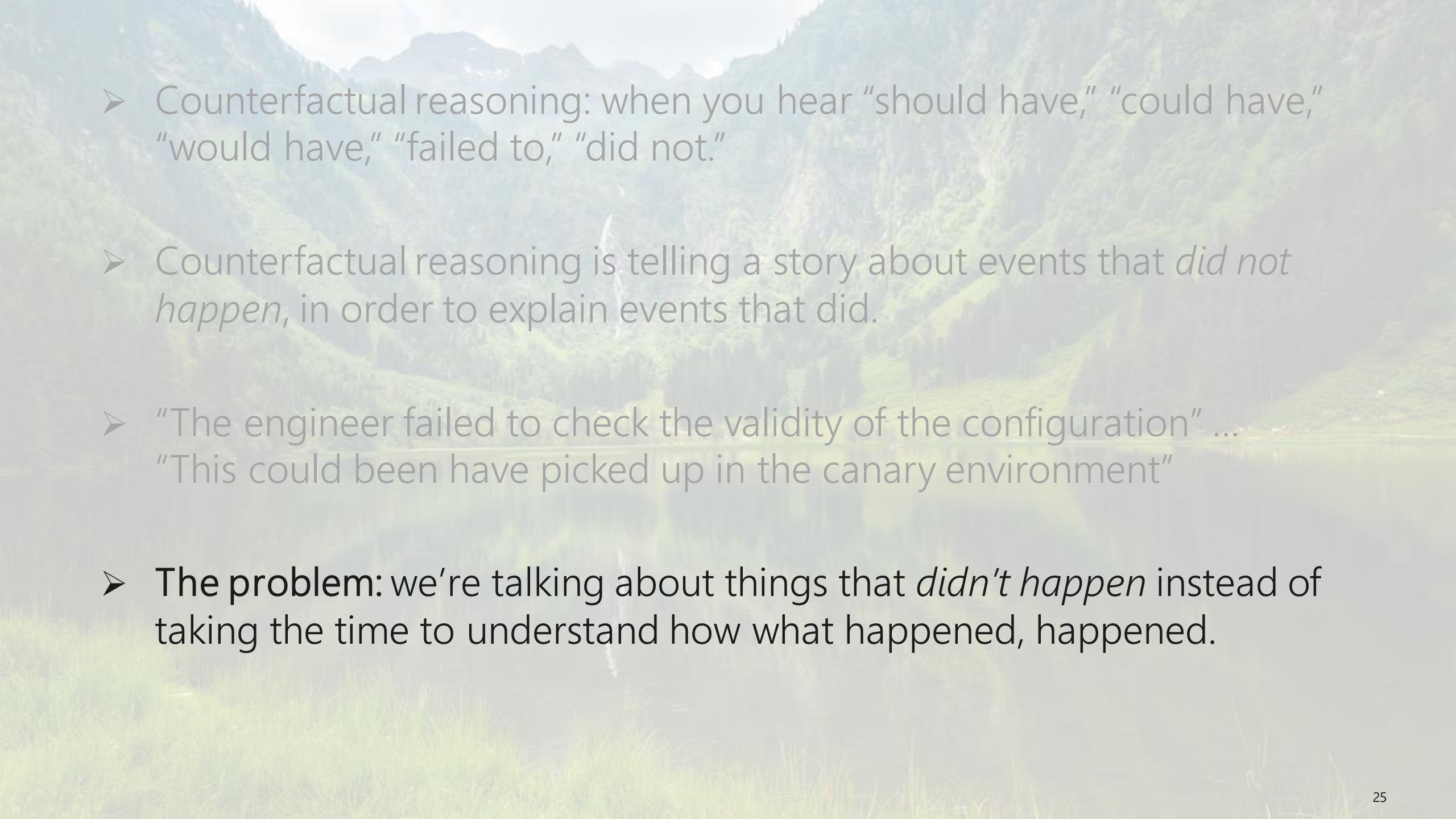
# Trap #2: Counterfactual reasoning

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- A scenic view of a lake in a valley with green mountains and a forested shoreline. The lake is calm, reflecting the surrounding greenery and the sky. The mountains are covered in lush green vegetation, and the sky is a pale, hazy blue. The overall atmosphere is peaceful and natural.
- Counterfactual reasoning: when you hear “should have,” “could have,” “would have,” “failed to,” “did not.”

- 
- A scenic view of a mountain valley with a lake and green hills. The image is slightly faded to serve as a background for the text.
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  - Counterfactual reasoning is telling a story about events that *did not happen*, in order to explain events that did.

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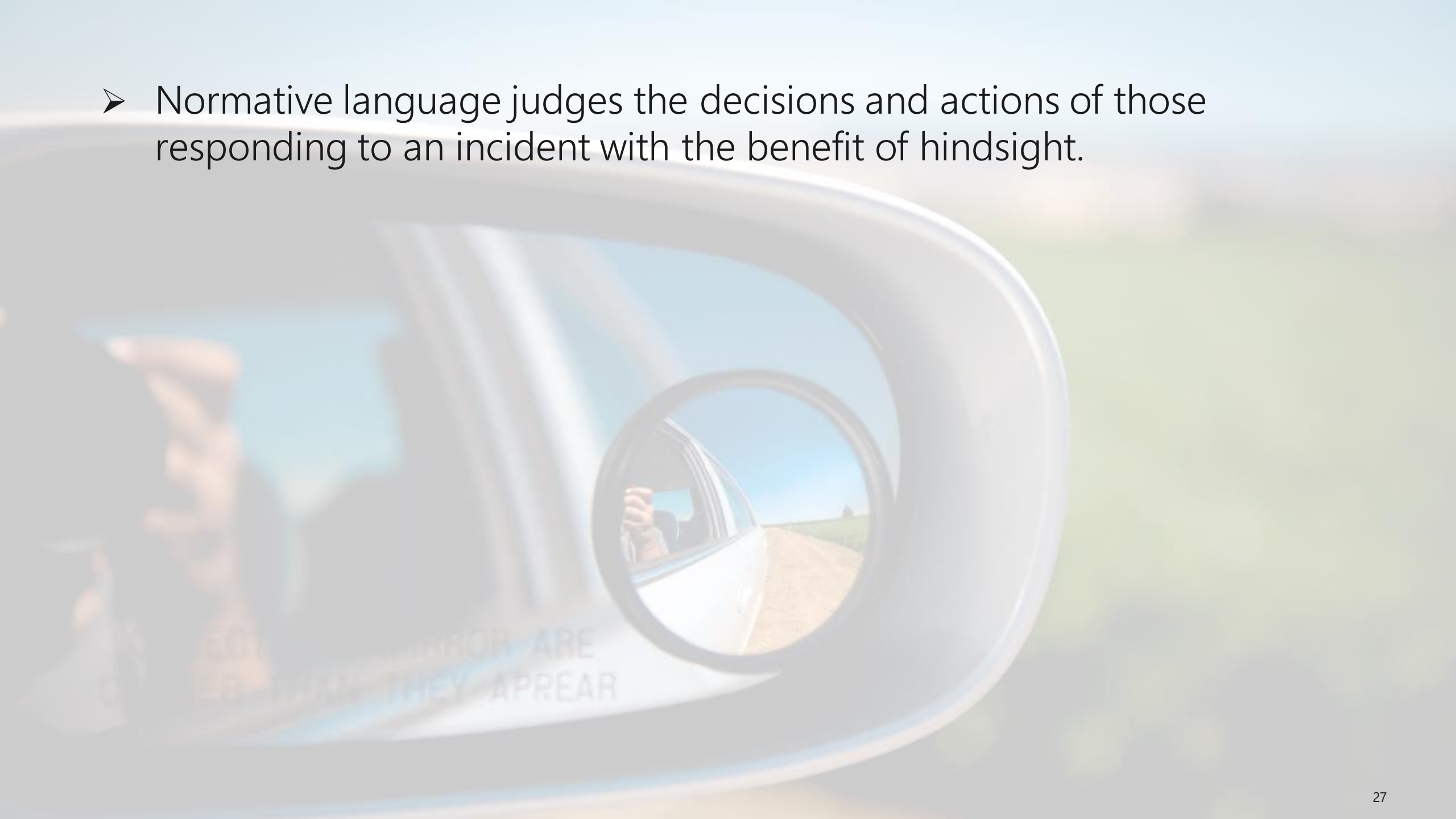
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  - “The engineer failed to check the validity of the configuration” ...  
“This could have been picked up in the canary environment”
  - **The problem:** we’re talking about things that *didn’t happen* instead of taking the time to understand how what happened, happened.

# Trap #3: Normative language

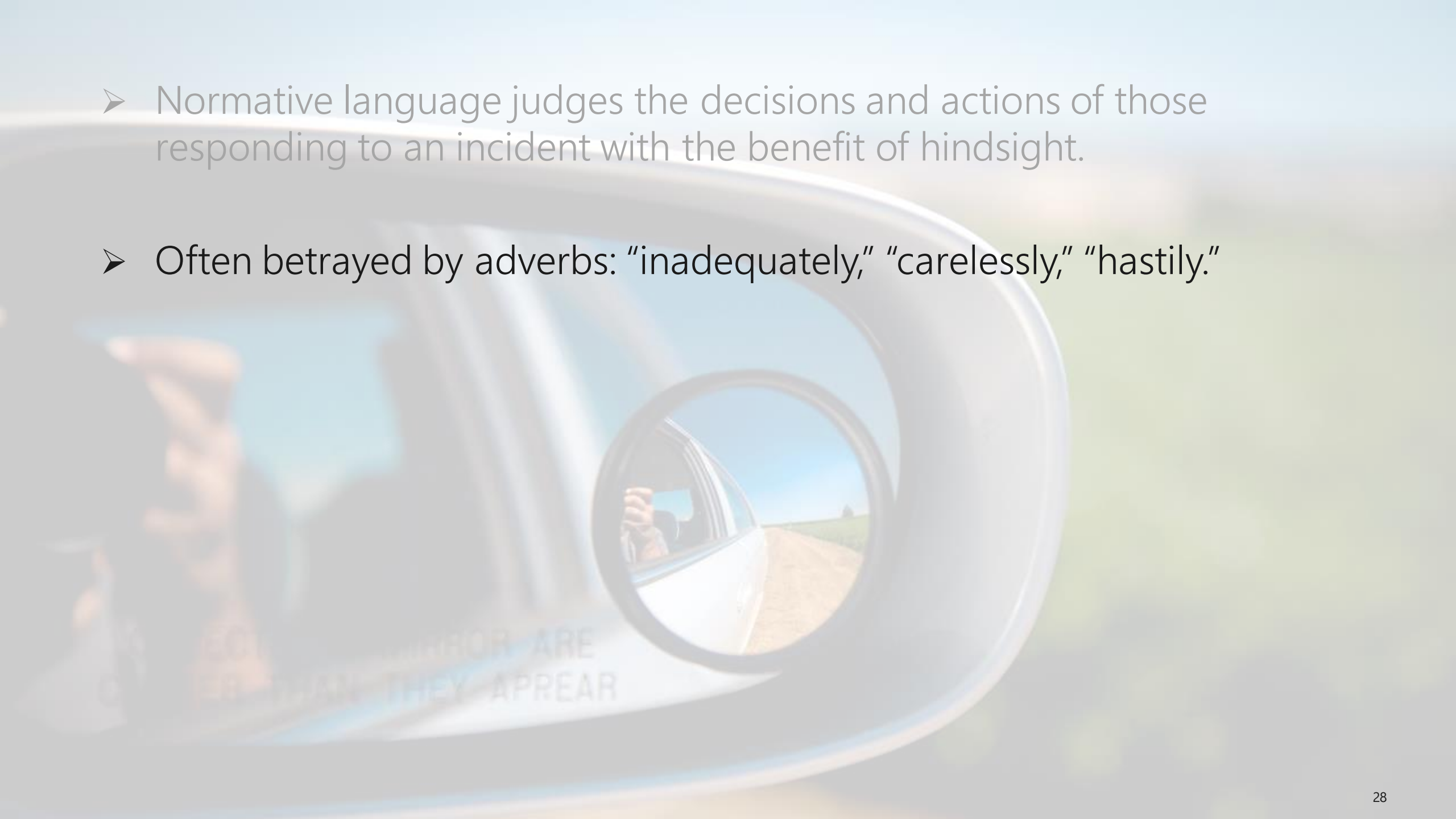


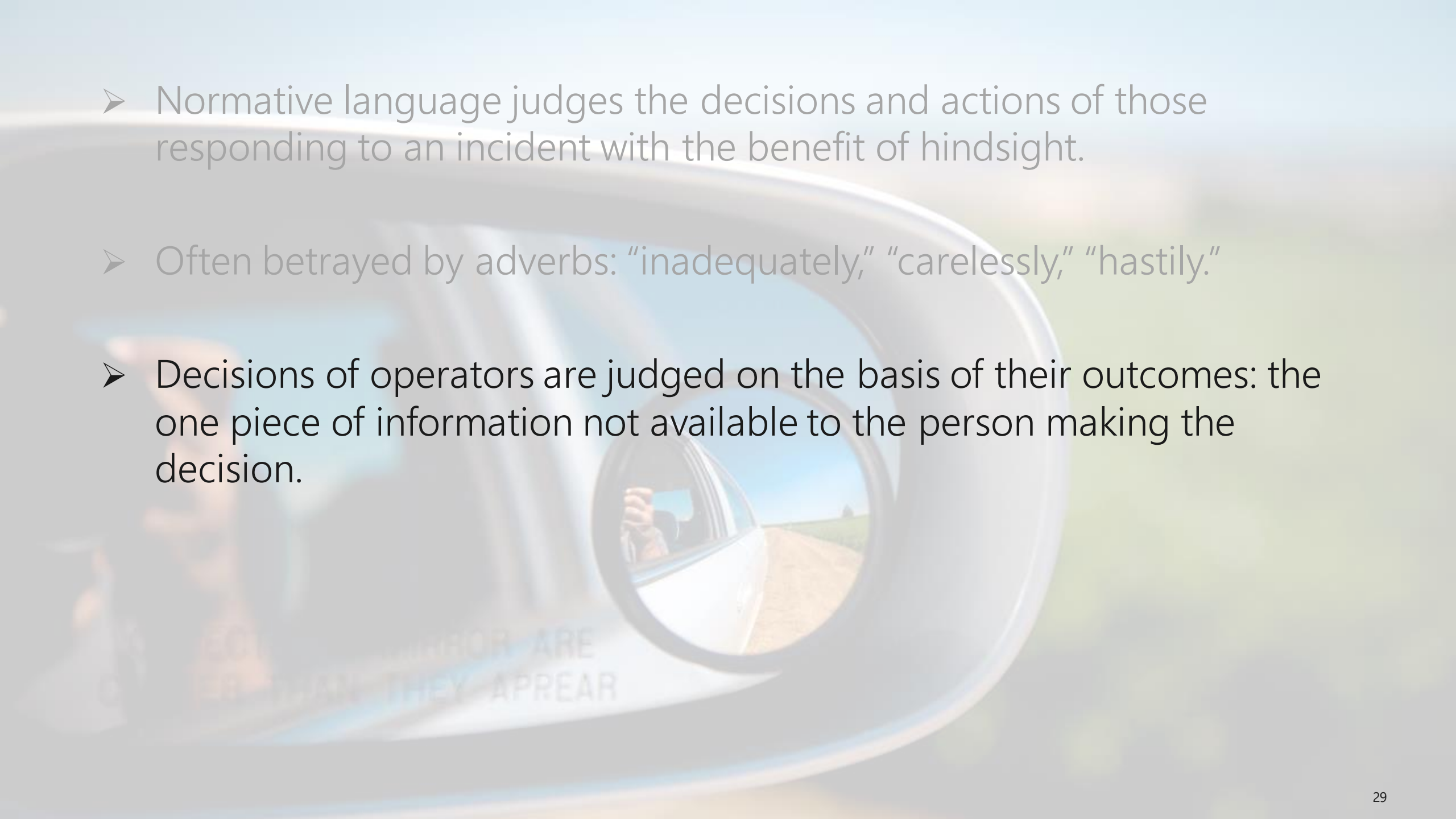
Photograph by Nimish Gogri (<https://flic.kr/p/8WXY8B>)

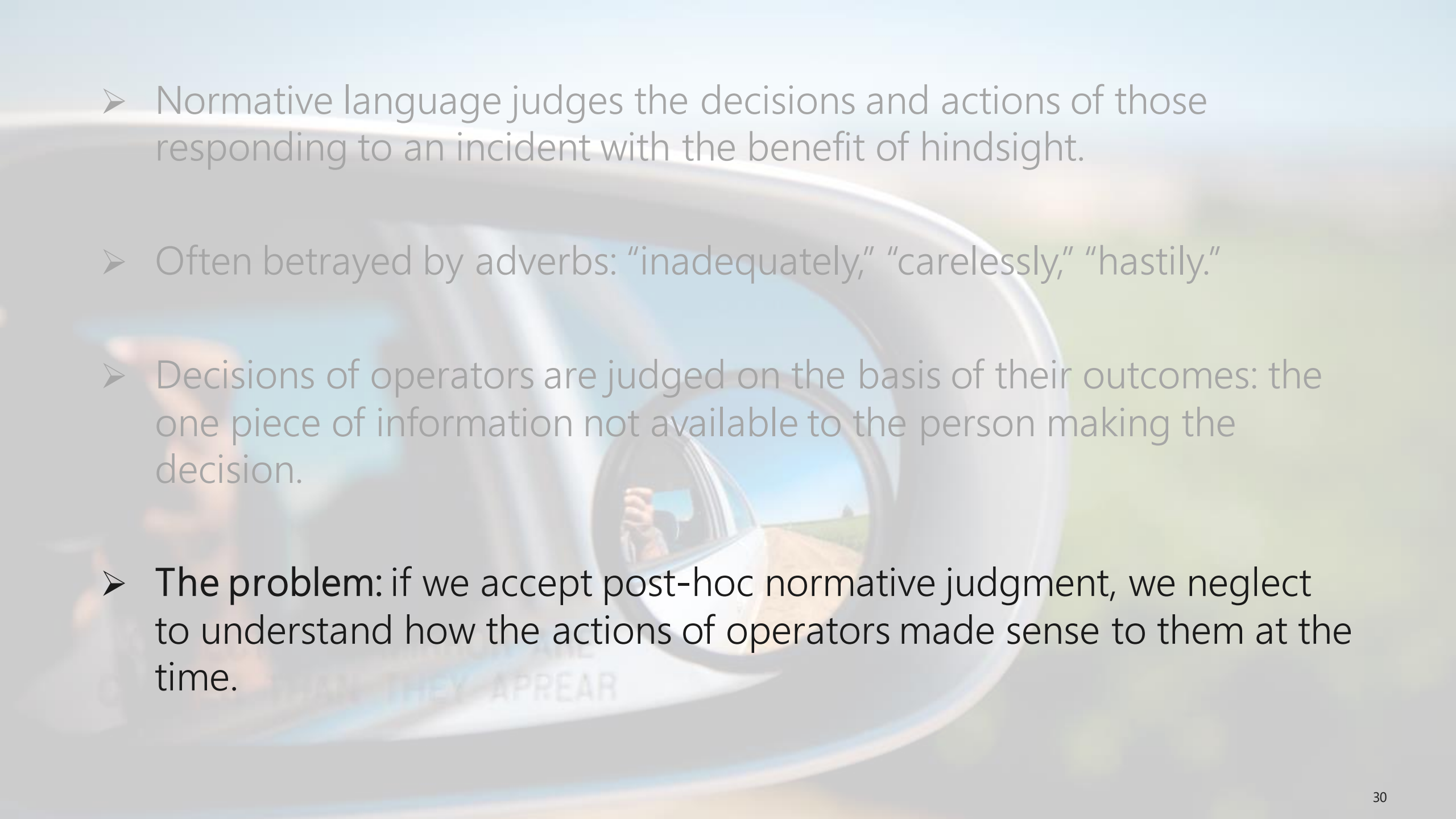
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- Often betrayed by adverbs: "inadequately," "carelessly," "hastily."



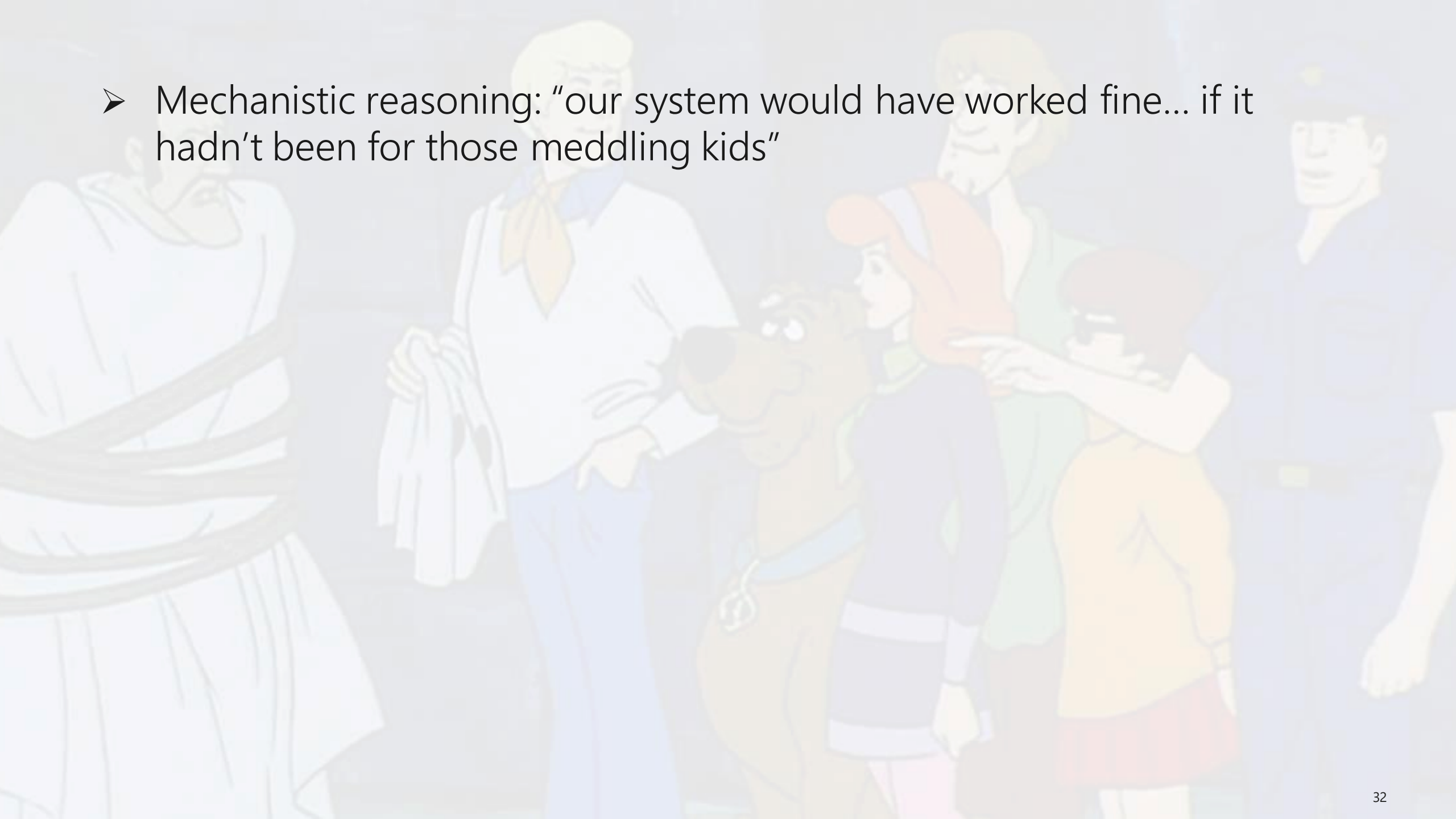
- 
- A close-up photograph of a car's side-view mirror. The mirror is circular and reflects a dirt road stretching into the distance under a clear blue sky. A person's hand is visible on the steering wheel in the reflection. The background behind the mirror is a blurred landscape of green fields and a blue sky. The text of the list is overlaid on the image.
- Normative language judges the decisions and actions of those responding to an incident with the benefit of hindsight.
  - Often betrayed by adverbs: "inadequately," "carelessly," "hastily."
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- Normative language judges the decisions and actions of those responding to an incident with the benefit of hindsight.
  - Often betrayed by adverbs: "inadequately," "carelessly," "hastily."
  - Decisions of operators are judged on the basis of their outcomes: the one piece of information not available to the person making the decision.
  - **The problem:** if we accept post-hoc normative judgment, we neglect to understand how the actions of operators made sense to them at the time.

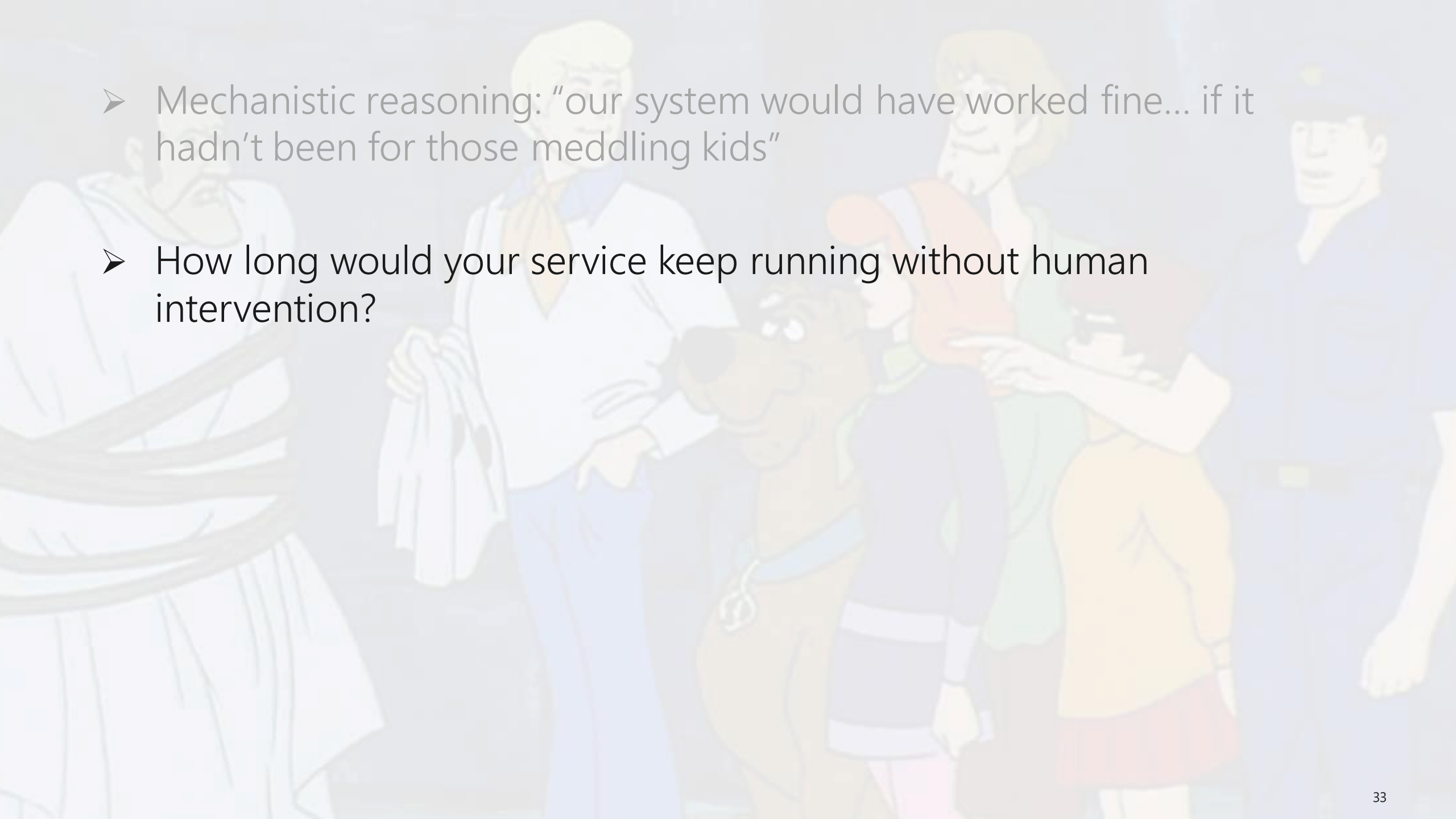


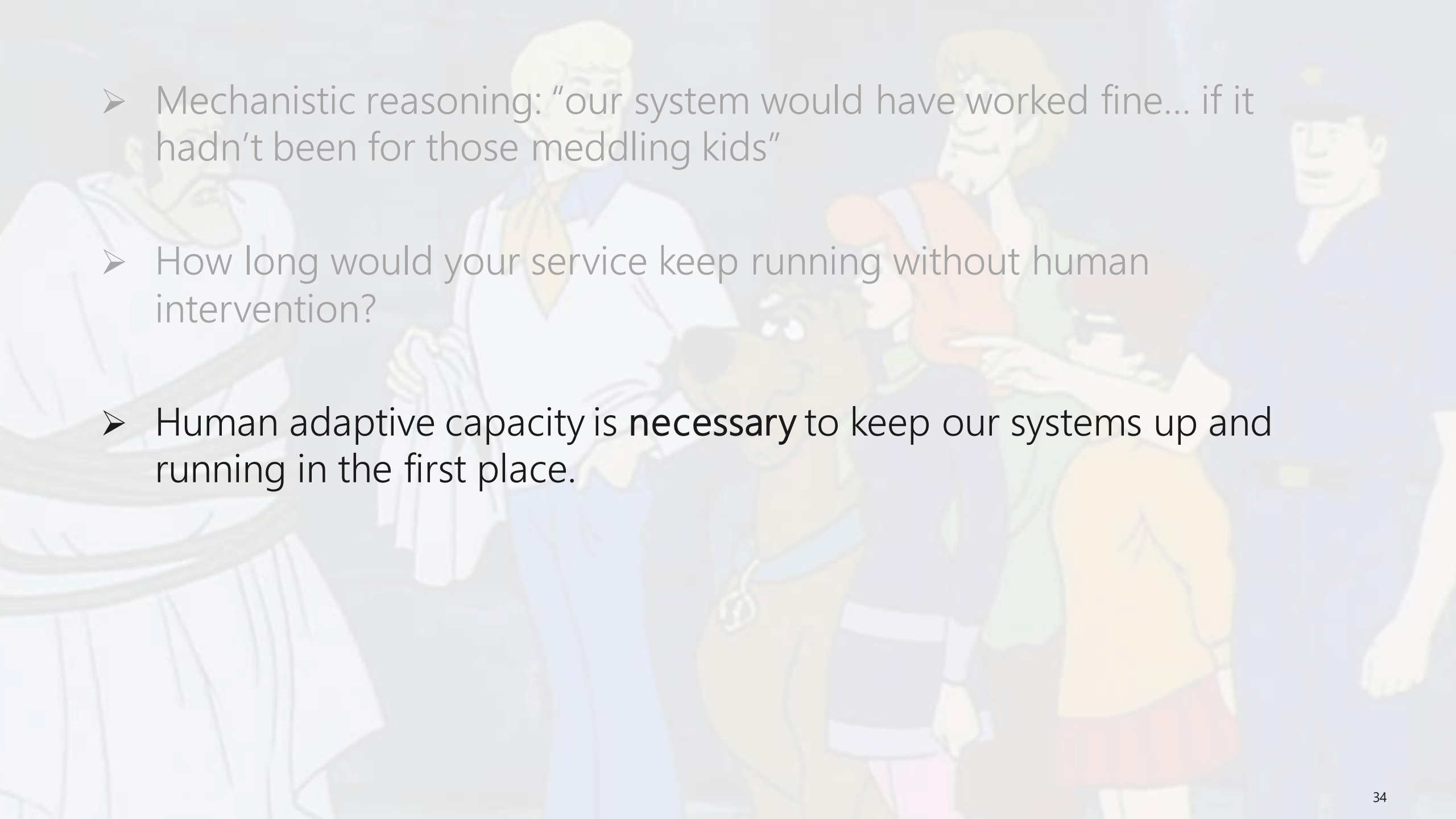
Trap #4: Mechanistic reasoning

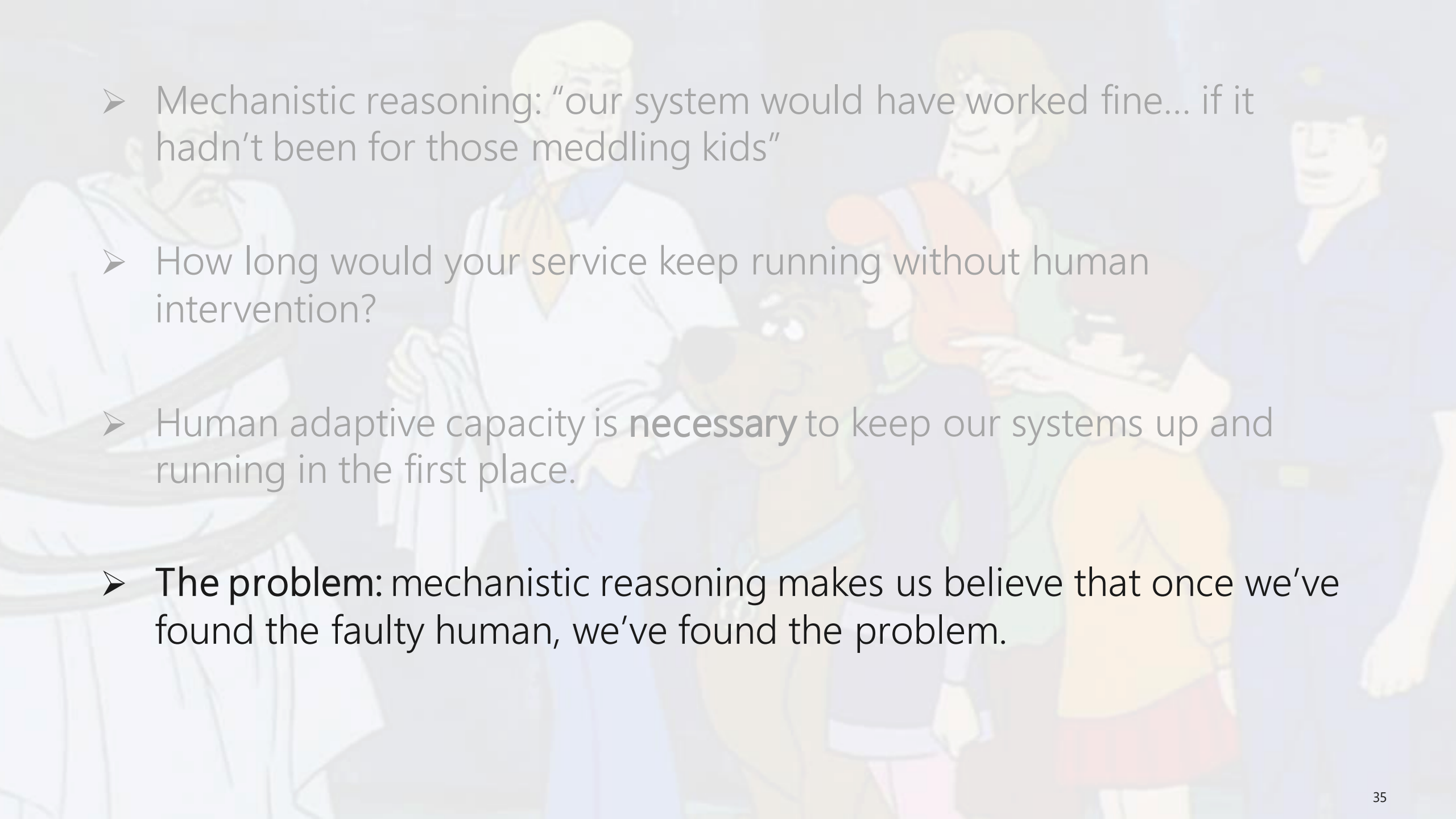
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- Mechanistic reasoning: “our system would have worked fine... if it hadn’t been for those meddling kids”
  - How long would your service keep running without human intervention?
  - Human adaptive capacity is **necessary** to keep our systems up and running in the first place.
  - **The problem:** mechanistic reasoning makes us believe that once we’ve found the faulty human, we’ve found the problem.

# Agenda

1. Why learn from incidents?
2. Four common traps.
3. Four helpful practices.

A large, modern conference room with a curved seating arrangement. The room features a central table with chairs around it, and rows of green and white upholstered seats. The background shows a long wall with several windows and a balcony area. The lighting is bright and even.

# 1. Run a facilitated post-incident review

Photograph by Melody Ayres-Griffiths (<https://flic.kr/p/bnT21X>)

# 1. Run a facilitated post-incident review

- A meeting with incident participants.
- ~60-90m maximum.
- Neutral facilitator (not actively involved in the incident).
- Prepare with one-to-one interviews.
- Lots of incidents? Don't try and do this for all of them right away.

## 2. Ask better questions



Photograph by Barney Moss (<https://flic.kr/p/gmMJ4K>)

## 2. Ask better questions

- Language matters: prefer “how?” over “why?”
- Each participant has a different viewpoint: ask about that!
- Ask about what normally happens, too.
- Read Etsy’s Debriefing Facilitation Guide: <https://aka.ms/etsydebriefing>





### 3. Ask how things went *right*

Photograph by Dave Bleasdale (<https://flic.kr/p/H9ZgUq>)

### 3. Ask how things went *right*

- Ask about how we recovered the system.
- What insights/tools/skills/people were involved?
- How do people know what they know? Decide what they decide?
- Remember: we care about response as well as prevention.

# 4. Keep review and planning meetings separate

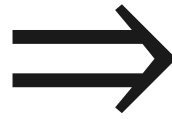


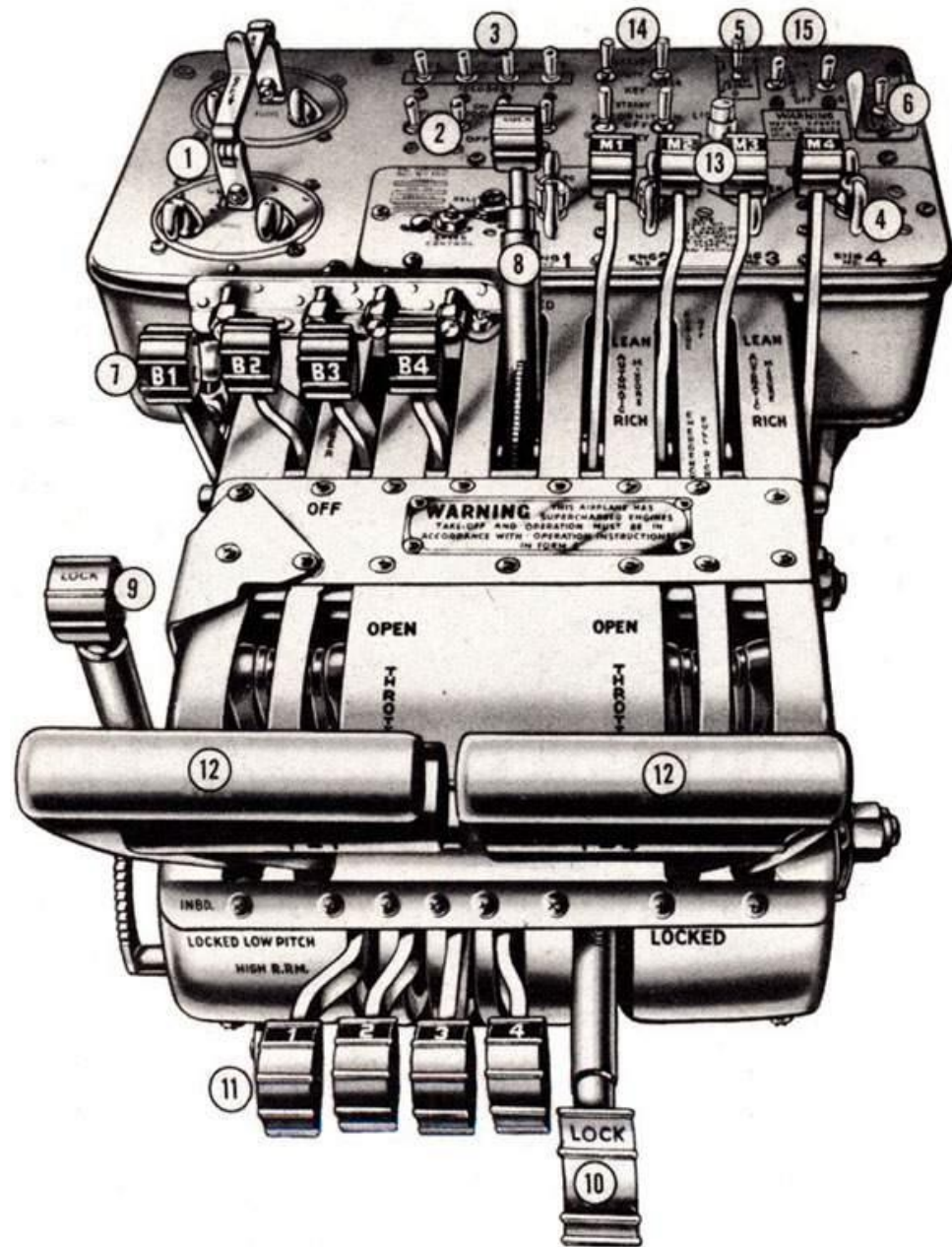
Photograph by Ian D Keating (<https://flic.kr/p/2c9scLA>)

## 4. Keep review and planning meetings separate

- Keep discussion of future mitigation out of the post-incident review.
- Hold a separate, smaller, planning meeting 24-48h later.
- Helps keep the focus on what actually happened.
- Allows “soak time” which will result in better repair items.









# Debriefing Facilitation Guide

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**Leading Groups at Etsy to Learn From Accidents**

Authors: John Allspaw, Morgan Evans, Daniel Schauenberg

Etsy



Thank you

<https://aka.ms/srecon19emea/lfi>

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Jessica DeVita ([@ubergeekgirl](https://twitter.com/ubergeekgirl))