...and it's not what you think!



THIS IS A PRESENTATION ON SOFT SKILLS

SOFT SKILLS VS HARD SKILLS

SOFT SKILLS ARE...

- Often linked to personality traits
- Harder to measure and practice
- Usually things you want all employees to have, regardless of their role

HARD SKILLS ARE...

- Job/Role specific
- Things you list on your resume
- Easier to measure and practice



NOT IN CONTEXT

Typically delivered by HR or an external party in a context that differs from your team/role/industry

TOO GENERIC

Taught in the context of "leadership" or you're told things like "just have more empathy"

AWKWARD

Often involve cringing at poor acting or even worse - role playing

TONE DEAF

Sometimes presented just to tick a box, or by people who don't *really* care

I PROMISE THIS WILL BE DIFFERENT

CONVINCE & MOTIVATE

THEY ARE A COMPETITIVE ADVANTAGE

NOT JUST FOR PEOPLE MANAGERS OR EXTRAVERTS

YOU CAN DEVELOP THESE SKILLS

SPECIFIC & RELEVANT

FROM ONE TECHNICAL PROFESSIONAL TO ANOTHER

HIGHLIGHT THE RELEVANCE TO SRE

PRACTICAL ADVICE

EXPLAIN THE FUNDAMENTALS

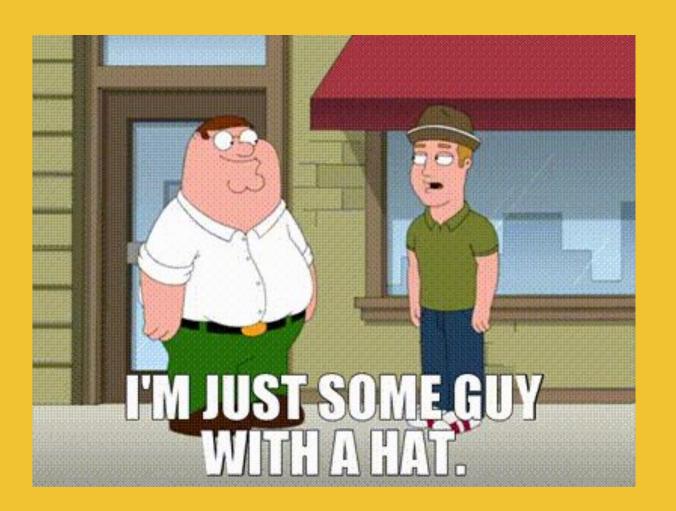
USABLE DRILLS FOR DEVELOPING YOURSELF

ENTERTAINING & ENGAGING

KEEP YOU AWAKE AND ENGAGED UNTIL THE END

A PRESENTATION YOU WILL REFER BACK TO

REAL STORIES ABOUT REAL PEOPLE



MY CONTEXT

2006 - 2012 2012 - 2017 2017 - 2019 2019 - NOW

IT ASSISTANT, ON-SITE TECH, TECHNICAL SITE RELIABILITY
HELPDESK TECH LINUX SYSADMIN MANAGER ENGINEER

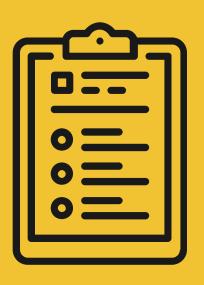




SELEANDENESS:

That's it. That's the secret weapon

THE EMOTION RETRO



Today I felt			
Because			
<u></u>			

THE MATURITY MODEL

Self-Awareness (in hindsight)



Self-Awareness (with foresight)



Awareness of others (with foresight)



Awareness of others (in hindsight)

INTROSPECTION

WHAT WHY HOW

What happened and Why did it happen? How do these emotions alter my what were the emotions? Why did I experience those behaviours?

What did the emotions specific emotions?

feel like?

INTROSPECTION

WHAT

What happened and

what were the emotions?

What did the emotions

feel like?

WHY

Why did it happen?

Why did I experience those

specific emotions?

How do these emotions alter my

HOW

behaviours?

Overwhelmed Indifferent Apathetic Pressured Frightened Overwhelmed Helpless Inadequate Out of control Worried Rushed Inferior Worthless Insignificant Sleepy Unfocussed Snocked Excluded Resecuted Dismayed Disillusioned Hervous Perplexed Exposed Astonished Scared Anxious Bored Betrayed Busy Resentful West Awe Startled Disrespected Threatened Eager Confused Energetic Ridiculed Let down Amazed Indignant Humiliated Excited Fearful Bad Cheeky Violated Surprised Playful Bitter Free Furious Content Joyful Mad Jealous Angry Curious Provoked Interested Aggressive Нарру Hostile Inquisitive Frustrated Proud Diseusted Infuriated Successful Accepted Distant Annoyed Confident Sad Powerful Critical Withdrawn Respected Peaceful Numb Valued Trusting Courageous Skeptical Ochimistic Dismissive Repelled Creative Vulnerable Depressed Judemental Despair Loving Guilty Hurt Embarrassed Thankful sensitive Appalled PHI THE PARTY OF T Revolted Nauseated HODORI Detestable Horrified Abandoned Isolated Embarrassed Disappointed Hesitant Victimized Ashamed Infastory Powerless Fragile Inferior Empty Grief

THE FEELINGS WHEEL

https://feelingswheel.com/

INTROSPECTION

WHAT

What happened and what were the emotions?
What did the emotions feel like?

WHY

Why did it happen?

Why did I experience those

specific emotions?

HOW

How do these emotions alter my behaviours?

INTROSPECTION

WHAT WHY

What happened and Why did it happen?

what were the emotions? Why did I experience those

What did the emotions specific emotions?

feel like?

HOW

How do these emotions alter my

behaviours?

FORESIGHT AND APPLYING IT TO OTHERS





CAREER APPLICATIONS

You can use this secret weapon for good!

CASE STUDY

UNDERPERFORMING DIRECT REPORT

PERFORMANCE MANAGEMENT



CASE STUDY

DIFFICULT COLLEAGUES



Marc Loney · 1st Head of Security at VGW

CASE STUDY

"SPEAKING UP"





Being able to fly would be infinitely cooler

-CLOSING POINTS-

INTROSPECTION IS REALLY HARD (C)

But you can get good at it with consistent practice

UNDERSTANDING YOURSELF IS THE KEY TO

Learn to walk before you run



Regardless of whether you're a people manager or an individual contributor



Being prepared for navigating the

"unknown unknowns" is our bread & butter



THANK YOU!

Luke Mundy

Senior Site Reliability Engineer
Virtual Gaming Worlds

linkedin.com/in/luke-mundy/

RESOURCES / ATTRIBUTION

Stock photography from **Unsplash**:

- black metal canon on brown concrete floor
- brown bear plush toy
- woman in black jacket standing on grass field
- water wave in close up photography
- gray monkey in bokeh photography
- photo of two women facing each other sitting in front of table near glass wall
- silhouette of people standing on mirror during golden hour
- pixelated game over screen
- boy wearing black batman cape
- woman in blue dress shirt and jeans standing beside brown wooden chair
- man in jacket with black backpack standing on snow covered mountain
- man standing on concrete dock facing sea
- two men bike racing during daytime
- person holding chess piece in chess piece
- silver corded microphone in shallow focus photography

Presentation template "Forsaken Places" created by SlidesGo, including icons by Flaticon and infographics by Freepik

Huge thanks to my colleague and friend Georgie Yacopetti for all the help and guidance she gave me while I prepared this talk

Biggest of all thanks to my wonderful wife Arina and my little boy Joe for all of their unconditional support and letting me leave the country for 4 days to present this